

# San Diego County Office of Education Collaboration and Resources for Schools

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February 9, 2023

# Current Use Trends

- Number of students reporting any drug use is declining
- Students that do use are using more frequently
  - Daily use is on the rise
- Alcohol is still the most abused substance by teens (countywide, most districts)
- Substances are much more potent and dangerous
  - High potency THC and Fentanyl
- More available
- Less expensive
- More socially acceptable than ever

# Comprehensive Approach

- Prevention
  - Delay the onset of use
  - Reduce current use
    - Assemblies and presentations (information dissemination)
    - Research validated curriculum
- Intervention
  - Brief intervention and other harm reduction strategies
- Treatment
  - Counseling and outside referrals to treatment providers/teen recovery centers

# Youth Development/Engagement

- Friday Night Live – High School
- Club Live – Middle School
- Mentoring – High School to Middle School
  - Safe, substance free environment and activities
    - Physical and emotional safety
  - Opportunities for community engagement
    - Interact and interface with community groups and leaders
  - Opportunities for leadership and advocacy
    - Youth voice

# Collaboration – Resources for Districts

- 6 regional prevention providers/collaboratives
- 6 regional treatment providers and teen recovery centers
- 3 countywide initiatives
  - Substance Use and Overdose Prevention (formerly meth strike force and prescription drug abuse task force)
  - Marijuana Prevention Initiative
  - Binge and Underage Drinking Initiative

## Recent local efforts in school-based drug education

- Currently no state funding for AOD work.
- Tobacco Use Prevention Education (TUPE) is the only source
  - Stanford Tobacco Prevention Toolkit
- San Diego County HHSa recently contracted with SDCOE to implement Project Alert in 6 – 8 grade
  - Focus on life skills
- Board of Supervisors is interested in additional curriculum material specific to fentanyl and cannabis
  - DEA's Operation Prevention material

# Naloxone – “Narcan”

<https://www.sdcoe.net/students/health-well-being/school-nursing>



# Other Drug Education Resources for Educators

- San Diego County Office of Education  
<https://www.sdcoe.net/students/substance-abuse-prevention-education>
- Drug Enforcement Administration (DEA) Operation Prevention  
<https://www.operationprevention.com/>
- National Institute on Drug Abuse  
<https://nida.nih.gov/research-topics/parents-educators/lesson-plans>
- San Diego County Substance Use and Overdose Prevention Taskforce  
<https://www.sdpdatf.org/fentanyl-toolkits>
- San Diego County Harm Reduction Coalition (free naloxone training and distribution) Contact Tara Buesig at [harmreduxsd@gmail.com](mailto:harmreduxsd@gmail.com)



# Contact Information

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