I. **Welcome**: Aaron Byzak, President.

II. **Meeting Minutes Approval**: August 11, 2022.
Meeting minutes were accepted into the record as presented.

III. **Treasurer's Report**: Nannette Stamm, NCPC Treasurer.
Treasurer's report deferred to October 13, 2022 Board Meeting.

IV. **Introductions**: Aaron called on NCPC members to introduce themselves, then candidates introduced themselves for NCPC candidate forum.

### Member Introductions:

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Organization</th>
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<tbody>
<tr>
<td>Aaron Byzak</td>
<td>NCPC President</td>
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<tr>
<td>Erica Leary</td>
<td>NCPC/VCC</td>
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<td>Rob Howard</td>
<td>NCPC Board</td>
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<td>John Byrom</td>
<td>NCPC/VCC</td>
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<tr>
<td>Kristal Jabara</td>
<td>NCPC Board, Office of BOS District 5</td>
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<tr>
<td>Sarah Trench</td>
<td>City of Vista</td>
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<tr>
<td>Nannette Stamm</td>
<td>NCPC Board, VCC</td>
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<tr>
<td>Carmela Muñoz</td>
<td>NCPC/VCC</td>
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<tr>
<td>Dale Walton</td>
<td>NCPC Board, MITE</td>
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<td>Erika Carter</td>
<td>VCC</td>
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<td>Melissa Ryan</td>
<td>ABC</td>
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<td>Lisa Archibald</td>
<td>VCC</td>
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<tr>
<td>Judi Strang</td>
<td>SDA</td>
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<td>Rosemary Eshelman</td>
<td>CUSD</td>
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<td>Kelly McCormick</td>
<td>SDA</td>
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<td>Samantha Mendoza</td>
<td>VCC</td>
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<tr>
<td>Ron Stark</td>
<td>TURN/MHS</td>
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<td>Brandon Bornes</td>
<td>EYC/NCPC/VCC</td>
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<td>Scott Ashton</td>
<td>Oceanside Chamber</td>
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<tr>
<td>Ray Thomson</td>
<td>NCPC Board</td>
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<td>Destini Perkins</td>
<td>EYC/NCPC/VCC</td>
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<td>Patrick Holstrom</td>
<td>DF Escondido</td>
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<td>Debbie Matthews</td>
<td>EYC/NCPC/VCC</td>
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<tr>
<td>Ray Pearson</td>
<td>NCPC Board</td>
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### Candidate Introductions:

<table>
<thead>
<tr>
<th>District</th>
<th>Candidates</th>
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<tr>
<td>BOS District 5</td>
<td>City of Vista: John Franklin</td>
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<tr>
<td>Carlsbad Candidates</td>
<td>Melanie Burkholder, Carlsbad District 1</td>
</tr>
<tr>
<td>Vista Candidates</td>
<td>Vista District 4: Armen Kurdian,</td>
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<tr>
<td>Oceanside Candidates</td>
<td>Oceanside District 1: Kori Jensen,</td>
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<td></td>
<td>Oceanside District 2: Daniel Dominguez</td>
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<td>Jim Desmond</td>
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V. **Candidate Forum**.
Aaron facilitated the candidate forum asking each candidate 2 questions in the following order:
BOS candidates, Mayor Candidates, Council district candidates. Candidates had 2 minutes to respond to each question:

1) What do you believe are the biggest substance use challenges facing youth (i.e. alcohol, marijuana, tobacco, and other drugs?) and how would you leverage NCPC or other community coalitions as a resource for preventing youth substance use?

2) What policies do you support that will decrease the risks related to marijuana use for our local youth?

VI **Announcements**

Aaron thanked all candidates for their attendance and participation, and welcomed all to continue to be involved in NCPC’s efforts. Erica noted that she would save the chat from the meeting and include at the end of the meeting minutes.
John Byrom announced that we/VCC learned this week that we received notice from the County of San Diego that we were selected to continue serving as the North Coastal Regional Prevention contractor for the next contract cycle.

VII  **Adjourn**: Meeting adjourned at 9:20 a.m.

Next scheduled NCPC General Membership meeting will be Thursday, October 13, 2022, 8-9AM via Zoom.

Respectfully submitted by Erica Leary, Program Manager

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**NCPC Meeting Chat 9/8/22 – Candidate Forum**

From Judi Strang, San Dieguito Alliance, SDAlliance4@aol.com >https://www.tabletmag.com/sections/news/articles/how-weed-became-new-oxycotin-marijuana-psychosis-addiction

From Ron Stark, TURN BHS NISUP to Everyone 08:10 AM

Ron Stark, Program Manager
Turn Behavioral Health Services (TURN BHS)
North Inland Substance Prevention rstark@turnbhs.org (619) 977-9415 (Calls/Text)

From Rosemary Eshelman Carlsbad Unified School District to Everyone 08:10 AM

Thanks Aaron

From Patrick Holstrom - CDFE to Everyone 08:12 AM

Patrick Holstrom - Coalition Coordinator - Coalition for Drug Free Escondido - Pholstrom@drugfreeescondido.org

From Kelly McCormick to Everyone 08:12 AM

Kelly McCormick, San Dieguito Alliance, kmcc425@yahoo.com

From Destini Perkins to Everyone 08:12 AM

Deborah Matthews didn’t speak

From Dr. Tiffany Boyd Hodgson she/her to Everyone 08:13 AM

Dr. Tiffany Boyd-Hodgson, Candidate for San Diego County Board of Supervisors D5, can be reached at tiffany@tiffanyboydhodgson.com; and my website is TiffanyBoydHodgson.com Thank you for the opportunity to speak with you today.

From jbyrom to Everyone 08:13 AM

John Byrom NCPC/VCC jbyrom@vcc.org

From Kristal Jabara - Office of Sup. Desmond to Everyone 08:13 AM

Kristal Jabara

From Ron Stark, TURN BHS NISUP to Me (Direct Message) 08:13 AM

Good morning Erica!

From Armen Kurdian to Everyone 08:14 AM

Armen Kurdian
CAPT USN (ret)
armen@armen4vista.com
Candidate Vista CC D4
From Rosemary Eshelman Carlsbad Unified School District to Everyone 08:15 AM
Rosemary Eshelman Carlsbad Unified School District Student Services Specialist reshelman@carlsbadusd.net

From Kristal Jabara - Office of Sup. Desmond to Everyone 08:15 AM
Office of Supervisor Jim Desmond Kristal.jabara@sdcounty.ca.gov

From Rosemary Eshelman Carlsbad Unified School District to Me (Direct Message) 08:18 AM
Erica is this being recorded?

Me to Rosemary Eshelman Carlsbad Unified School District (Direct Message) 08:18 AM
No, we don't record our meetings

From Rosemary Eshelman Carlsbad Unified School District to Me (Direct Message) 08:19 AM
ok thanks

From Rick Robinson to Everyone 08:24 AM
Rick Robinson, Candidate Oceanside District 2

From Daniel Dominguez to Everyone 08:30 AM
Daniel Dominguez candidate for Oceanside City Council District 2. www.dominguez4oceanside.com

From Mike’s iPad to Everyone 08:32 AM
Mike Curtin, Candidate for Mayor in Carlsbad.
WWW.CurtinforCarlsbad.com

From Rosemary Eshelman Carlsbad Unified School District to Everyone 08:35 AM
Thank you for saying that Jim we need to focus on Youth Development and building relationships in families and connecting them more.

Please list those pharmacies

From Melanie Burkholder to Everyone 08:35 AM
What pharmacies in Carlsbad?

From Rosemary Eshelman Carlsbad Unified School District to Everyone 08:38 AM
Dr. Tiffany Boyd I would like to know the names of the pharmacies you listed in Carlsbad?

From Dr. Tiffany Boyd Hodgson she/her to Everyone 08:39 AM
Optum RX and RX Solutions This from the WAPO and DEA searchable database published in 2017

From Rosemary Eshelman Carlsbad Unified School District to Everyone 08:40 AM
Are they actual buildings or internet pharmacies?

From Dr. Tiffany Boyd Hodgson she/her to Everyone 08:40 AM
I haven't driven by to investigate that.

From jbyrom to Everyone 08:40 AM
Dr. Tiffany Boyd Have you contacted the DEA about those Pharmacies.

From Aaron Byzak to Everyone 08:41 AM
Optimum RX is on Loker but it is not a store-front - so an internet-based outfit. I’m not finding RX solutions anywhere in Carlsbad.

Fentanyl addiction? Or addiction to other drugs laced with Fentanyl?

@John It was a DEA database presume they are aware. The numbers look like they have been updated.

John can you explain this program further and how this will be implemented?


We're providing the funding for professional drug resistance educators, like NCPC, to educate youth in our community. It's brand new funding, and it will be up to NCPC and other experts in education to program the funds and report back to the council on the results of their City funded program.

@Melanie -- send me your email and I will send you the graphics to support the numbers. But you can also search the database. I put the above

Thank you.

I am so encouraged by all of the enthusiasm about policy to prevent youth drug addiction. I am providing and work with Carlsbad PD and other agencies and will continue to provide Parent University offerings to parents and the community. I know NCPC San Dieguito Alliance and others on this call provide offerings to families. I would encourage you to attend these offerings when they are provided.

Thank you to all the candidates for joining us today! Great to hear from you all. Unfortunately, I have another meeting at 9 am and need to hope off now.

+100!

I also feel like if we provided opportunities for families to connect and gather and build relationships this is also prevention
From Melanie Burkholder to Everyone 09:03 AM

Yes, Kori - social acceptance of marijuana use is not prevention!

@Rosemary - you do a great job with collaboration through YES - thank you!

From Rosemary Eshelman Carlsbad Unified School District to Everyone 09:08 AM

Thanks you for saying that Rick not all kids are addicted, we have amazing kids that will be running our country in the future. Thanks for all your years of service and Knowledge.

Youth Development and Connectedness less likely to be involved in substances.

From Eleanor Evans to Everyone 09:09 AM

Education on drug abuse both legal and illegal drugs is a home, faith based/belief system and society coalition and cooperative project. School is the most challenging area because the schools do not have the money, counselors, appropriate curriculum, etc. Prior drug-abuse prevention programs made students curious about drugs which they had no prior knowledge or knew existed. BTW, studies demonstrate the more affluent youth in more affluent socio-economic homes continue to have the highest rate of legal and illegal drug abuses-regardless of media stereotype of less affluent communities. Parents are the best preventers and best protectors of our youth.

From Rosemary Eshelman Carlsbad Unified School District to Everyone 09:10 AM

Eleanor thank you for saying this.

From Armen Kurdian to Everyone 09:14 AM

We have to trust that human beings are capable in taking part in their own recovery. We have to find that spark and stop pretending that we 'impose' upon someone with tough love.

From Rob Howard to Everyone 09:14 AM

Yes or No? Will you continue to work with the community to support us in preventing youth substance and drug use?

From Rick Robinson to Everyone 09:14 AM

sorry I forgot to add my contact information. RickRobinson4OsiderD2@gmail.com 760 216 7587

From Armen Kurdian to Everyone 09:14 AM

@Rob - YES

From Ron Stark, TURN BHS NISUP to Everyone 09:15 AM

Thanks for the Candidate Forum!

From Daniel Dominguez to Everyone 09:15 AM

Thank you for inviting me to participate. Daniel Dominguez

From Armen Kurdian to Everyone 09:15 AM

Those who have been homeless and addicted in the past can be the best advocates for turning lives around

From Ray Pearson to Everyone 09:16 AM

Wish my opponent with a PHD in Public Health answer the questions

From darin to Everyone 09:16 AM

My contact information, Darin Selnick, darinselnick.com