

Fentanyl: The Facts Every Community Leader Needs to Know

North Coastal Prevention Coalition

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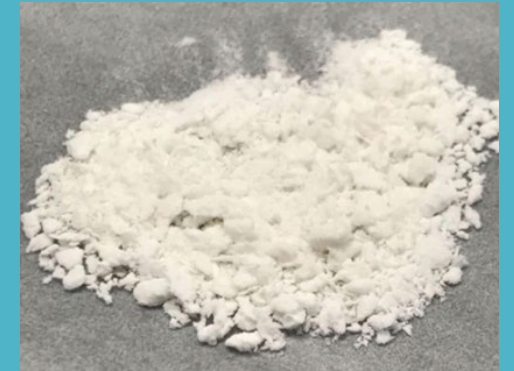


What does fentanyl look like?

Prescription Fentanyl



Illegal Fentanyl



Why is it so dangerous?

- Very small amount can be deadly



As little as 2mg of Fentanyl can kill you.



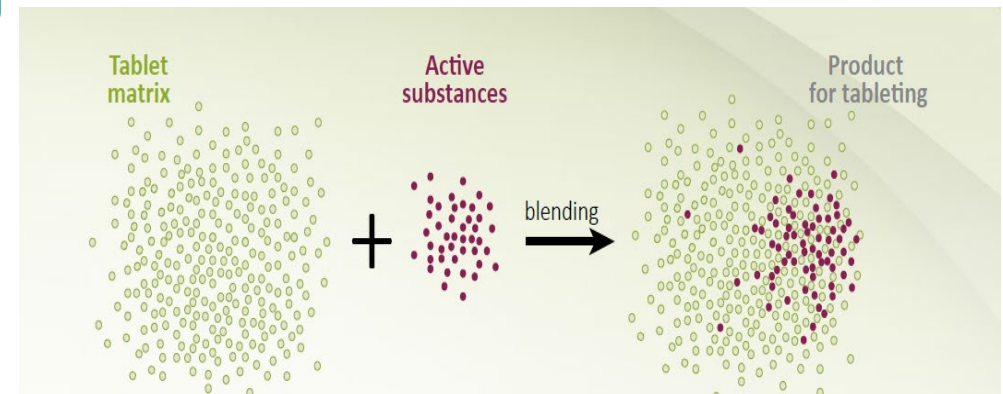
A lethal dose of heroin and fentanyl, enough to kill an average-sized adult male

Where is fentanyl found?

- Heroin – 50% of heroin deaths included fentanyl
- Cocaine – 50% of cocaine deaths included fentanyl
- Methamphetamine – 25% of methamphetamine deaths included fentanyl
- Fake hydrocodone pills
- Fake oxycodone 30 pills (M30)
- Fake hydrocodone pills (yellow)
- Fake Xanax pills
- Fake Viagra
- Vaping products
- Marijuana

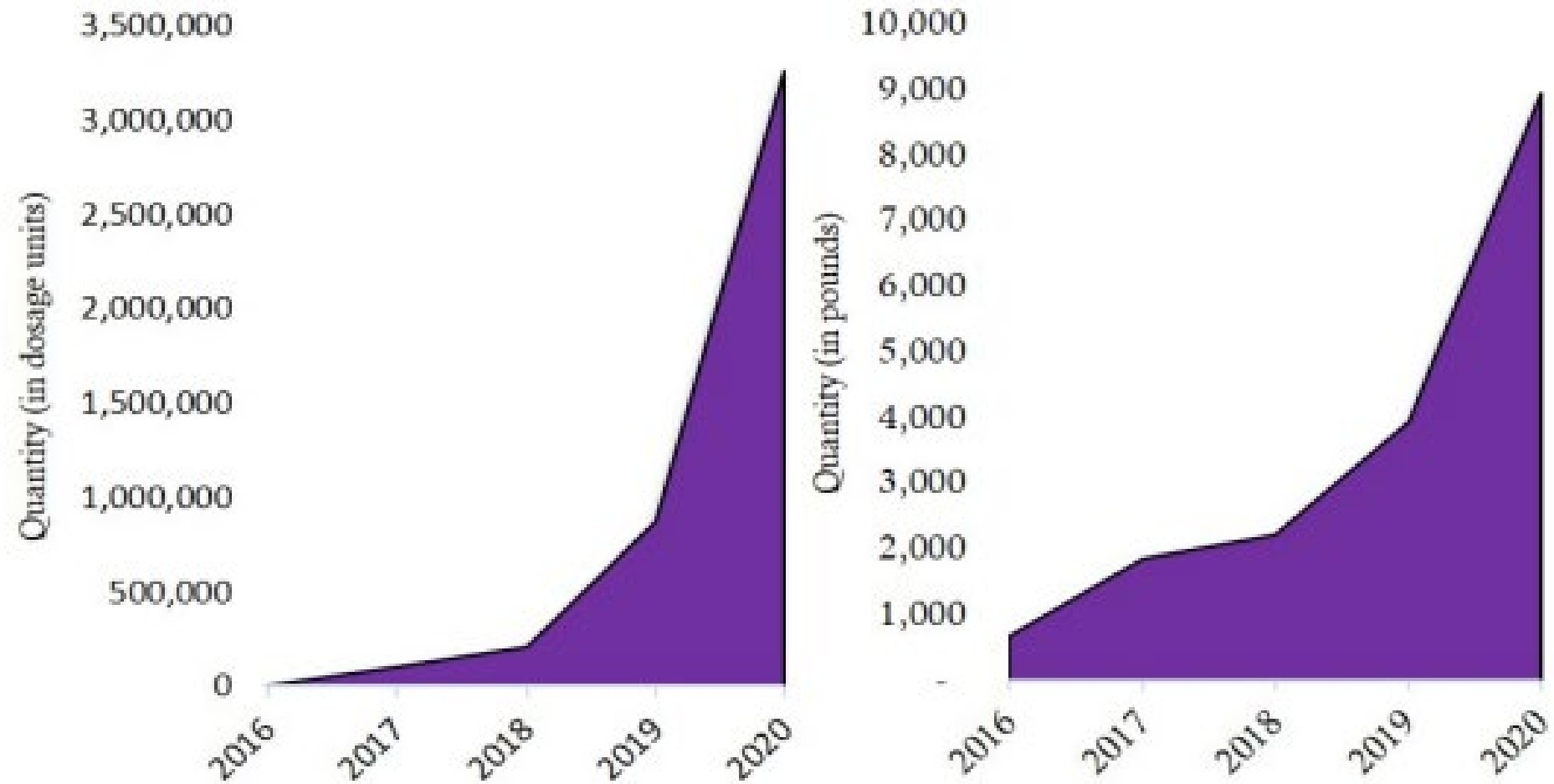
TRENDING NOW

Fake pills that look like they are from a pharmacy, but they are really filled with **FENTANYL**—a deadly opioid!



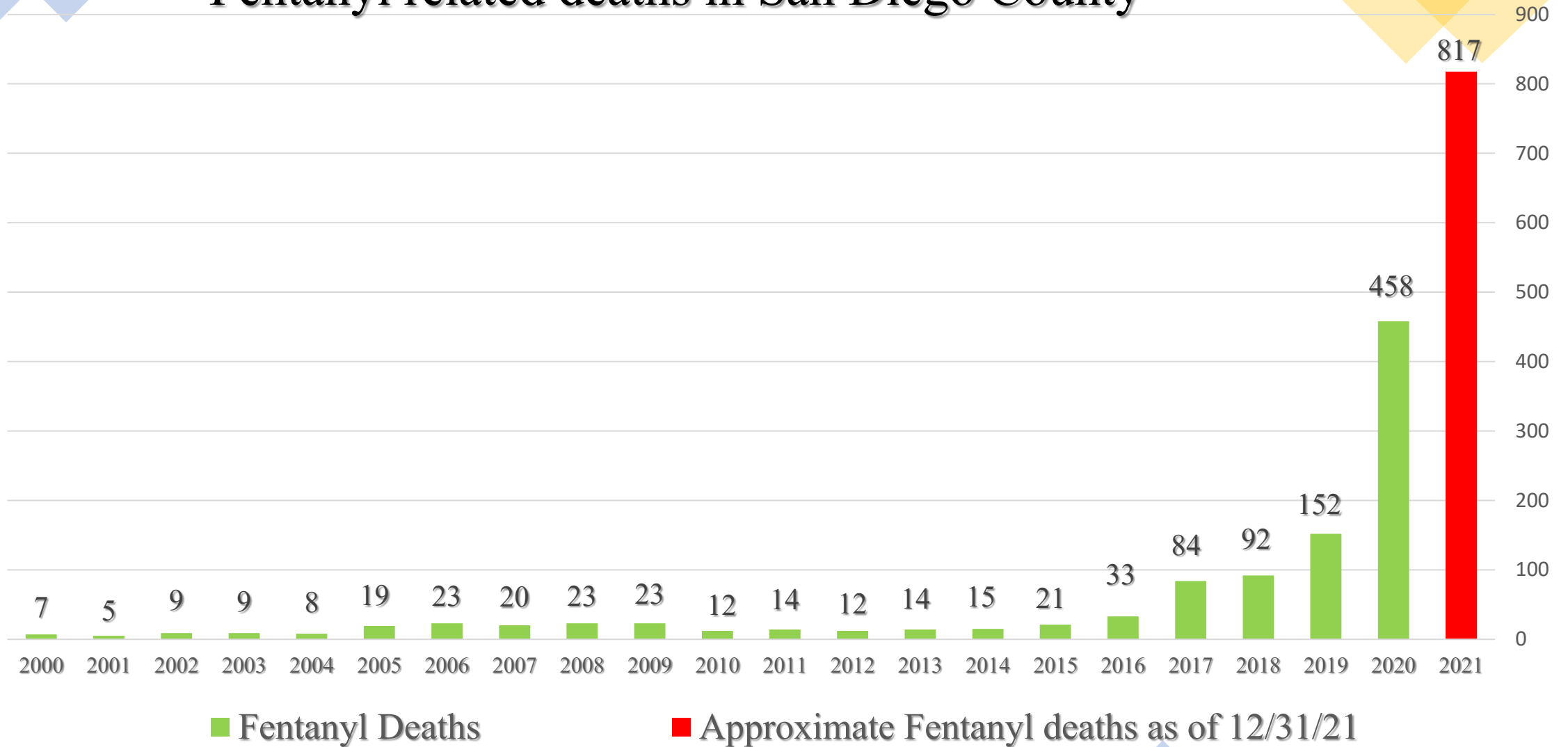
Fentanyl has been found mixed with Heroin, Oxycodone and other prescription opioids, prescription stimulants (Adderall) Xanax, Methamphetamine, cocaine, Ecstasy and cannabis (marijuana).

Southwest Border Seizures

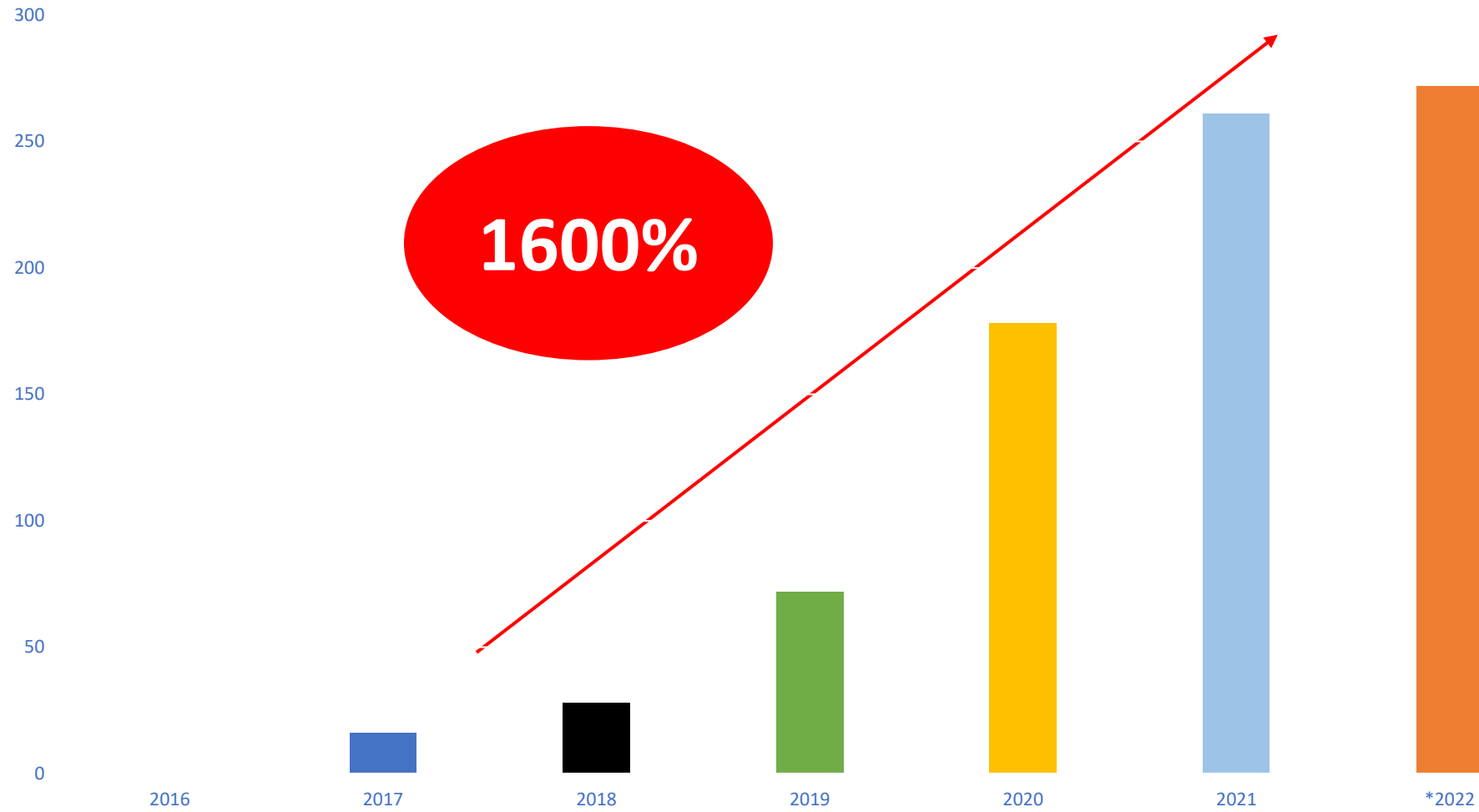


Note: Includes incidents reported at and between points-of-entry, investigative events, checkpoints, inspections, mail/parcels, and traffic stops in counties in Arizona, California, New Mexico and Texas that are within 150

Fentanyl related deaths in San Diego County



Number of Defendants Charged with Federal Offenses Involving Fentanyl



*Projection based on actual data through 12/31/22

Who is at risk?

Former inmates: 40x more likely to die

Within the first two weeks of release, former inmates were **40 times more likely to die** of an opioid overdose than the average citizen. (American Journal of Public Health)

Lower degree of tolerance, higher craving

Former inmates are highly vulnerable to opioids and need urgent prevention measures.

This may improve with MAT in jails/prisons

Study Source: <https://tinyurl.com/kaf9fs2d>

2019 Opioid Source: <https://tinyurl.com/55xw54av>

Who is at Risk? Justice-involved individuals

Almost 1 in 5 (19%) adult arrestees interviewed in 2020 reported they had overdosed on a drug

For those positive for opiates, 40% had overdosed

Who is Most At Risk:

Unintentional users or people with SUD?

Are OD victims intentionally seeking fentanyl?

Less than 1 in 10 (9%) of San Diego adult arrestees would intentionally buy a drug that contained fentanyl.

But **opioid & meth users were far more willing:**

Those who tested positive for opioids and meth were significantly more likely to report they would purchase it (47% and 14%, respectively), compared to those not positive for these drugs (5% and 4%, respectively).

45%

**ever administered
naloxone**

67% of those positive for
opiates ever administered
naloxone

HOW MANY TIMES?

58% 1 time

12% 2 times

31% 3 or more times

WHO PROVIDED IT?

38% Fire/EMS

35% Friend

19% Law Enforcement

19% Healthcare Provider

Who is at risk of an OD?
Past Naloxone Use Among Adult Arrestees

Pills or powder?

Formerly 3-1 ratio, pills over powder

Now that is reversed

Unknowing fentanyl user or person with SUD?

Both, but among recent ODs latter is more common

San Diego
County
Overdose
deaths:

*What do we
know?*

Are youth at risk?

2 teens in Chula Vista overdose on fentanyl, one dies



By: Nia Watson

Posted at 11:28 PM, Aug 11, 2021

CHULA VISTA

working to create

Man charged in Coronado teen's death

San Diego parent

daughter's fentanyl

Fentanyl overdoses in San Diego County more than tripled during lockdowns

Posted: June 24, 2021

Updated: 9:24 AM by KUSI Newsroom



Killed by a pill bought on social media: the counterfeit drugs poisoning US teens



whose daughter Jessica died of fentanyl poisoning, and Amy Neville, right, whose son Alexander died, march outside the Snap headquarters. Photograph: Patrick T Fallon/AFP/Getty Images

This soar among young people amid a flood of fentanyl-filled pharmaceuticals sold on social media as Snapchat and Instagram

17-year-old Alondra Salinas had set out her new white sneakers and packed her backpack the night before the first day of high school when police say she responded to an offer on Snapchat for blue pills, which turned out to be deadly fentanyl. She didn't wake her the next morning.

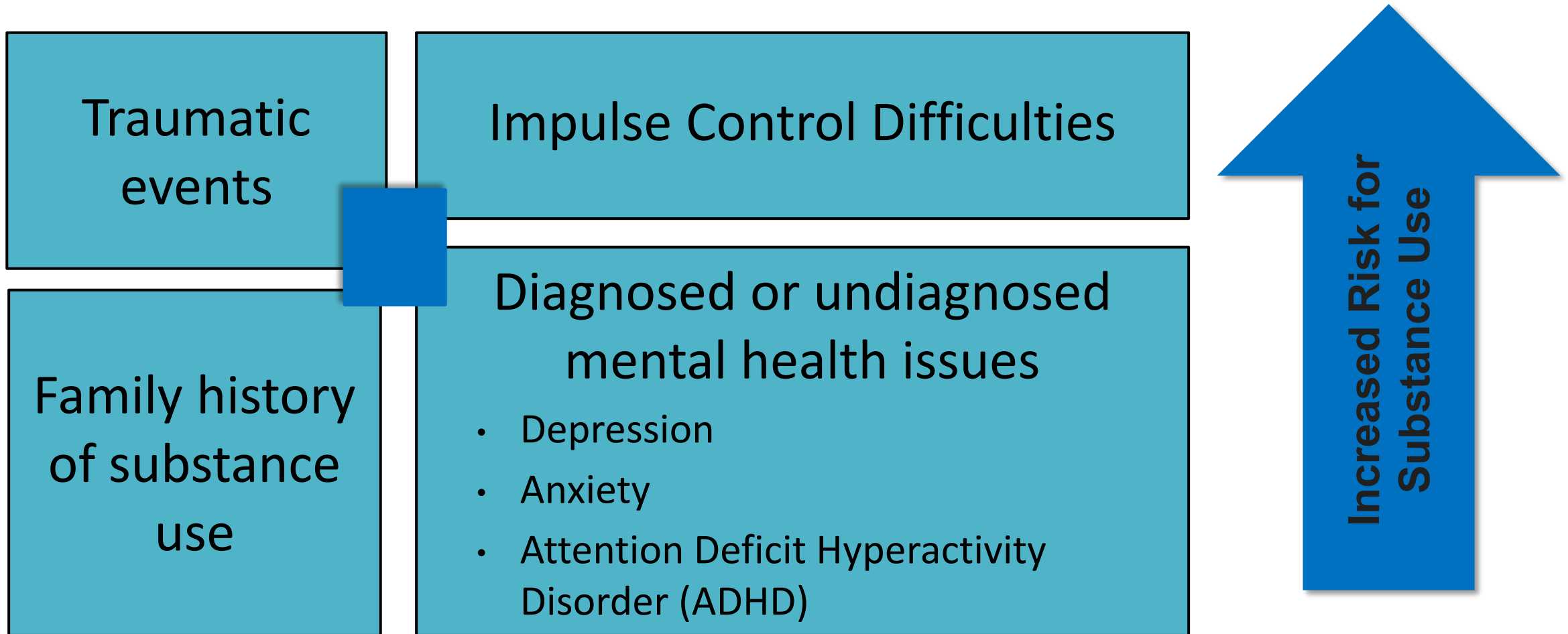
17-year-old Zachary Didier was waiting to hear back on his college application when a fake Percocet killed him. Sammy Berman Chapman, a high-A student, died in his bedroom after taking what he thought was a single Xanax.

Advertisement



Renewed
Knees

What youth are at higher risk?



Why is this occurring?



**Pills are
easy to get.**

Game Break: Can you spot the real thing?

1



2

FENTANYL-LACED PILLS

What can we do?

All of us must make use of the effective tools that are available to families, healthcare professionals, educators, community leaders and law enforcement.

Prevention

Healthy choices

No drug use

Screening & Intervention

Identify those
in need

Take action

Overdose Prevention

Expand access
to naloxone
& fentanyl test
strips

Expand
awareness/
training

Find Help

Treatment
works

Recovery is
possible

Encourage parents to monitor social media

- **Take note** of social media sites your child visits
- **Keep track** of passwords and usernames
- **Set limits** on the amount of time they are online
- **Talk with them** about what they are seeing & posting



Look for Popular Emoji Drug Codes

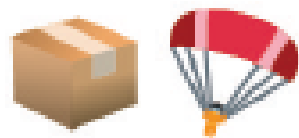
| Oxycodone



| Xanax®



| Percocet®



= Package Arrived



= Mobile / Delivery

100pk = 100pk = 100 pills

| Cocaine



| Meth



| Heroin



| Marijuana



| MDMA and Mollies



| Cough Syrup



Secure/dispose of medications in home



Store prescribed
medications in a
secure place

**Find prescription drug
drop off locations at**
[Sandiegorxabusetaaskforce.org](https://sandiegorxabusetaaskforce.org)

unwanted or
expired medication

Train on Good Samaritan Law: *Encourage 911 OD calls*

- SAY's 2018 focus group: 15 youth/young adults ages 15 to 19, Southeastern San Diego.
- What did they believe was the deadliest drug in their community? Meth
- All had taken prescription pill not prescribed to them
- All said prescription pills were easily accessible
- Not one had heard of counterfeit prescription pills.
- *All said they did not feel comfortable calling 911 if someone was overdosing. If they did call, they would leave before help arrived.*
- All said they would call someone they knew.

Good Samaritan Law

- Under **California Health and Safety Code 11376.5**, a person will not be charged with drug possession or use crimes if that person:
 - acts in good faith and seeks medical assistance/ emergency medical services for another person experiencing a drug-related overdose.
- This law was designed to encourage a witness of a drug-related overdose to:
 - call 9-1-1, or seek emergency help in a timely manner to save the life of the overdose victim.



Good Samaritan Law

- Note that **HSC 11376.5** does not protect a person from the following crimes:
selling drugs, per HSC 11352, or driving under the influence of drugs, per VC 23152.
- Encourage probationers to call 9-1-1 if someone is experiencing an overdose. That call can save a life.



Know the signs of an overdose

- Heavy nodding, deep sleep, hard to wake up, or vomiting
- Slow or shallow breathing (less than 1 breath every 5 seconds), snoring, gurgling or choking sounds
- Pale blue or gray lips, fingernails, or skin
- Clammy, sweaty skin
- ***Call 911 and administer Naloxone to reverse an overdose***

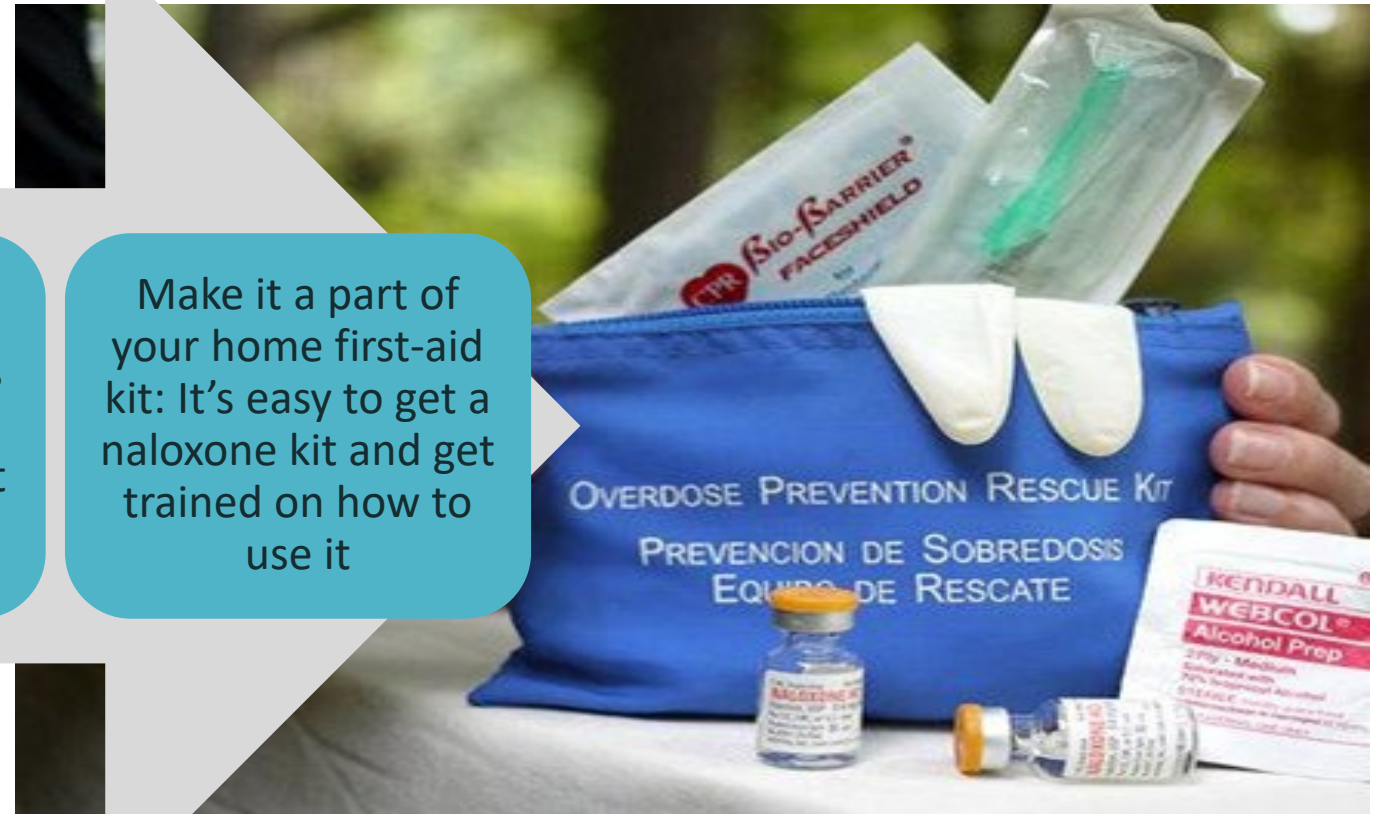


Save a life – Carry Naloxone

Naloxone can save the life of a person experiencing an overdose

Naloxone counteracts opioids and can restore breathing and heart rate

Make it a part of your home first-aid kit: It's easy to get a naloxone kit and get trained on how to use it



YOU CAN **SAVE a LIFE** WITH a SPRAY



Naloxone,
given as a nasal spray,
can reverse the effects of
an opioid overdose and
Save a Life.

Community-based distribution
programs

Local public health groups

Local health departments

Free of charge!

A New Path – Just take the training
online and schedule a pick time.

www.anewpath.org

April Ella April@anewpath.org

or 619-670-1184

National Harm Reduction
Coalition :

<https://harmreduction.org/resource-center/harm-reduction-near-you/>



Choosing How to Test Your Drugs

- **More safe:** Dissolve all of the drugs and test the liquid. Heat and stirring help dissolve. Adding Vitamin C to crack cocaine will help it dissolve. After testing, inject or drink the liquid.
- **Less safe:** Testing only drug residue in the baggie, on the cooker, or part of a pill. The test might be negative, even if there is fentanyl, because it does not mix evenly in pills or powder.
- **For meth or ecstasy:** Dissolve about 5 mg of meth or ecstasy in at least 6mL of water (see image for Option 1 below). If test is positive, add another 1 tsp (5mL) of water to dissolved drugs and test again.

Prevent Overdoses with Test Strips

General Precautions

Always take these steps when using drugs, regardless of if you think there is fentanyl in your drugs.

- Have naloxone with you
- Use with a buddy who can call 911 and give naloxone
- Take turns in case someone overdoses
- Start with a much smaller than normal dose to test the strength. Wait before using more.
- If you can't use with a buddy, call Never Use Alone (800) 484-3731. A stigma-free operator will stay on the line and call 911 if you stop responding.

If you use fentanyl on purpose: Using with a buddy and naloxone can help you stay safe. Fentanyl is very strong and it's hard to get the dose you want. If you plan to use fentanyl, be extra careful and follow the general precautions above.

If you don't use fentanyl on purpose: Testing your drugs can help you stay safe. Follow the general precautions above.

- **If results are positive:** We recommend not using the drugs. The test can not tell you how much fentanyl is in the drugs.
- **If results are negative:** Fentanyl test strips aren't perfect. Always assume your drugs may have fentanyl or other strong drugs in them.

Encourage Precautions & Testing

Need Help with Opioids?



Medication-Assisted Treatment

[Click here to learn more](#)



County Public-Funded Treatment Providers

[Link to Directory](#)



Access & Crisis Line & 211

Call for information about residential and
outpatient drug treatment programs

1-888-724-7240 or 211

[Sandiegorxabusetaaskforce.org](https://sandiegorxabusetaaskforce.org)

San Diego Resources

- Sandiegorxabusetaaskforce.org
- County's Access and Crisis line – (888) 724-7240
- 2-1-1
- up2sd.org
- DEA –One pill kills - www.dea.gov/onepill
- Operation Prevention:
<https://sites.google.com/view/operationpreventionsandiego/home>

Subject Matter Experts and Partners

A New Path

619-670-1184

Harm Reduction Coalition
of San Diego

harmreduxsd@gmail.com

619-961-0527

NAMI San Diego

858-634-6580

Other Resources

- Rali Cares Virtual Trailer- www.raliusa.org
- Partnership to end addiction: drugfree.org/community-resources
- Get Smart About Drugs: www.getsmartaboutdrugs.gov
- CDC: www.cdc.gov/opioids
- Families coping with mental health and substance use disorders: www.samhsa.gov/families
- <https://cabridge.org/resource/prevent-overdose-with-fentanyl-test-strips/>
- <https://fentcheck.org/>
- Dead on Arrival (22 min. Documentary)

Do you know of an audience that needs to hear about fentanyl? Reach out, we can assist.

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