# Resource Guide for Smokefree Multi-Unit Housing

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## **About this Guide**

This resource guide is intended to provide housing management with resources to support the adoption, implementation, and enforcement of smokefree multi-unit housing policies as well as provide support to staff and residents. Resources include training materials for staff, educational materials, cessation resources, and contact information for technical assistance.

## **For Housing Management**

# Background Information

## Why a Smokefree Policy is a Good Decision for Multi-Unit Housing Providers

This document describes benefits of a smokefree policy in multi-unit housing such addresses cost benefits, safety, and resident retention for housing providers.

https://no-smoke.org/wp-content/uploads/pdf/benefits-of-smokefree-buildings.pdf

## **Frequently Asked Questions from Housing Providers about Smokefree Buildings**

Frequently asked questions from housing providers regarding smokefree buildings. This document addresses the legality and benefits of smokefree housing.

https://no-smoke.org/frequently-asked-questions-housing-providers-smokefree-buildings/

## Health Equity through Smoke-Free Multi-Unit Housing Webinar

A webinar about public health benefits associated with smokefree housing and how multi-unit housing presents special health equity considerations for smokefree policies.

https://www.publichealthlawcenter.org/webinar/heath-equitythrough-smoke-free-multi-unit-housing

## **Community Video Stories**

Success stories from the American Lung Association highlight the journey to smokefree housing and communities. <a href="https://www.lung.org/policy-advocacy/tobacco/smokefree-">https://www.lung.org/policy-advocacy/tobacco/smokefree-</a>

environments/expanding-smokefree-communities

# Implementation and Enforcement

## A Guide to Equitable Smokefree Public Housing

This toolkit provides guidance on equitable smokefree housing policies by addressing residential engagement, community partnerships, equitable enforcement, and alternative enforcement mechanisms.

https://www.nhlp.org/wp-content/uploads/FINAL -A-Guide-to-Equitable-Smoke-Free-Public-Housing-2020.01.14.pdf

## For Housing Management (continued)

# Implementation and Enforcement (continued)

#### Model Smokefree Lease Addendum

A model lease addendum with language for a strong smokefree housing policy.

https://no-smoke.org/model-smokefree-lease-addendum/

## **Enforcement Tips for Building Managers and Maintenance Staff**

Enforcement recommendations for smokefree policies based on steps that property managers have taken to achieve compliance in their buildings.

https://no-smoke.org/wp-content/uploads/pdf/enforcement-tipsfor-building-managers-and-maintenance-staff.pdf

#### **Smokefree Public Housing Reasonable Accomodations**

Background information and guidance to help housing authorities respond to reasonable accommodation requests in smokefree public housing.

https://www.publichealthlawcenter.org/sites/default/files/resources/Smoke-Free-Public-Housing-Reasonable-Accommodations-2017.pdf

## Marijuana in Multi-Unit Residential Settings

Answers to common questions about smoking or vaping marijuana in multi-unit residences, including federally subsidized housing. <a href="https://www.publichealthlawcenter.org/sites/default/files/resources/marijuana-in-Multi-Unit-Residential-Setting-2019-1.pdf">https://www.publichealthlawcenter.org/sites/default/files/resources/Marijuana-in-Multi-Unit-Residential-Setting-2019-1.pdf</a>

## **Staff Training**

## Foundations for a Successful Smokefree Policy, a Training for People Who Work in Public Housing

Training for public housing staff to gain a basic understanding of smoke-free housing and best practices for implementing a smoke-free policy.

http://smokefreepublichousingproject.org/compliance/Foundationsfor-a-Successful-Smoke-Free-Policy.pdf

## **For Residents**

## Policy Information

## **Smokefree Policy Information for Residents**

A fact sheet about HUD's smokefree rule for residents that shares the benefits of a smokefree rule and gives residents actionable steps to ensure smokefree housing.

https://no-smoke.org/wp-content/uploads/pdf/benefits-of-smokefree-buildings.pdf

# Educational Materials

## **Secondhand Smoke in Multi-Unit Housing Factsheet\***

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/CDPH%20 Document%20Library/Community/EducationalMaterials/Secondhan dSmokeInMulti-unitHousingFactSheet.pdf

## Thirdhand Smoke in Multi-Unit Housing Factsheet\*

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/CDPH%20 Document%20Library/Community/EducationalMaterials/ThirdhandS mokeInMulti-unitHousingFactSheet.pdf

## **E-cigarettes in Multi-Unit Housing Factsheet\***

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/CDPH%20 Document%20Library/Community/EducationalMaterials/EcigarettesInMulit-UnitHousingFactSheet.pdf

## **Hookah in Multi-Unit Housing Factsheet**

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/CDPH%20 Document%20Library/Community/EducationalMaterials/HookahInMulti-unitHousingFactSheet.pdf

\*These materials are also available in Chinese (simplified), Chinese (traditional), Korean, Spanish, Tagalog, and Vietnamese at <a href="https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/Pages/EducationMaterials.aspx">https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CTCB/Pages/EducationMaterials.aspx</a>

# **Cessation Resources**

For residents who are interested in quitting smoking, the California Smokers' Helpline provides free counseling and resources to help people quit smoking. Modes of counseling include telephone counseling, text messaging, mobile apps, and chat. <a href="https://www.nobutts.org/free-services">https://www.nobutts.org/free-services</a>

## **Additional Resources**

## **Organizations**

## **US Department of Housing and Urban Development (HUD)**

https://www.hud.gov/program offices/healthy homes/smokefree

#### **Centers for Disease Control and Prevention (CDC)**

https://www.cdc.gov/tobacco/basic information/secondhand smoke/going-smokefree-matters/multi-unit/index.html

#### The Public Health Law Center

https://www.publichealthlawcenter.org/topics/commercial-tobacco-control/smoke-free-tobacco-free-places/housing

#### **American Nonsmokers' Rights Foundation**

https://no-smoke.org/at-risk-places/homes/

## Contact Information

## California Department of Public Health – California Tobacco Control Program

Email: <a href="mailto:cTCPinbox@cdph.ca.gov">CTCPinbox@cdph.ca.gov</a>

Phone: (916) 449-5500

Website: https://www.cdph.ca.gov/tobacco

https://tobaccofreeca.com/topics/secondhand-smoke/



