



NCADD-SD

National Council on Alcoholism and
Drug Dependence - San Diego

Who We Are?

National Council On Alcoholism and Drug Dependence – SD

NCADD-SD is a community focused resource that fulfills their mission by providing alcohol and drug prevention training in schools, community centers, and hospitals. In other words we will teach about alcohol and drug dependency wherever the community is gathered.



National Recovery Month

Prevention Works • Treatment is Effective • People Recover

September 2019



- According to the latest information from the National Survey on Drug Use and Health (NSDUH)
- 19.7 million American adults (aged 12 and older) battled a substance use disorder in 2017.¹
- Almost 74% of adults suffering from a substance use disorder in 2017 struggled with an alcohol use disorder.¹
- About 38% of adults in 2017 battled an illicit drug use disorder.¹





**Alcohol is the most commonly
used addictive substance in
the United States.**

#ALCOHOLAWARENESSMONTH2019



Facing Addiction
with NCADD





Kids who have conversations with their parents and learn a lot about the dangers of alcohol and drug use are 50% less likely to use alcohol and drugs than those who don't have such conversations.

#ALCOHOLAWARENESSMONTH2019



Facing Addiction
with NCADD



BRAIN DEVELOPMENT



NIH

National Institute
on Drug Abuse

COCAINE HEROINS SYNTHETICS ALCOHOL
PRESCRIPTIONS CIGARETTES COLD MEDICINES
EESTASY VAPING MARIJUANA STEROIDS ADDERALL
CRACK HEROIN "BATH SALTS" TRANQUILIZERS
SEDATIVES INHALANTS
OXYCONTIN METAMPHETAMINES

**TEEN
DRUG
USE**



Every day, more than 130 people in the United States die after overdosing on opioids.¹ The misuse of and addiction to opioids including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national crisis that affects public health as well as social and economic welfare.



TOP 3 SUBSTANCES USED BY COLLEGE STUDENTS IN 2016

78.9%



ALCOHOL

39.3%



MARIJUANA

9.9%



ADDERALL



- In 2017, 1 out of every 8 adults struggled with both alcohol and drug use disorders simultaneously.¹
- In 2017, 8.5 million American adults suffered from both a mental health disorder and a substance use disorder, or co-occurring disorders.¹
- Drug abuse and addiction cost American society more than \$740 billion annually in lost workplace productivity, healthcare expenses, and crime-related costs.²





17.6

One in every 12
adults, or 17.6
million people, suffer
from alcohol use
disorder or alcohol
dependence.





190

Addiction costs the
economy \$190
billion annually.





88,000

People die each year from
alcohol related causes.





\$11

**\$11 saved for every
\$1 spent on
prevention.**



21M

**21 million Americans
suffering from
untreated addiction.**





23

**23 million americans
living in recovery
from an addiction.**



California Opioid Overdose Surveillance Dashboard

California Quick Stats Calendar Year 2018

All Opioid Overdose Deaths **2,311**

Fentanyl Overdose Deaths **743**

Opioid ED Visits **8,832**

Opioid Prescriptions **19,808,224**



California Opioid Overdose Surveillance Dashboard

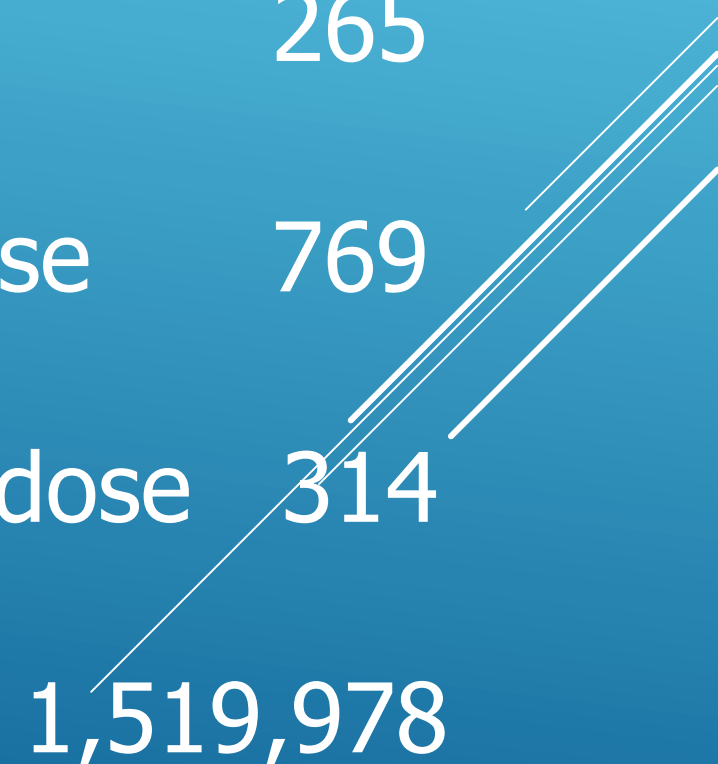
San Diego County - 2018

Deaths Related to any Opioid 265

ED Visits Related to Any Opioid Overdose 769

Opioid Hospitalizations Related to Overdose 314

Opioid Prescriptions 1,519,978





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22%

of all drivers in a recent roadside survey tested positive for some drug or medication.

Source: NHTSA 2013-2014 Roadside Survey



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Thank You for joining us Today

Your attendance here demonstrates your
interest in making our
Community's better places to live.

Your suggestions are greatly appreciated.



