Minutes of the General Membership  
Thursday, December 13, 2018

8:00 a.m.

Attendance:
Craig Balben, Oceanside Resident/NCPC President
Ray Thomson, OHS/NCPC Board Vice President
Aaron Byzak, Tri City Medical Center/NCPC Board Treasurer
Maria Yanez, City of Oceanside/NCPC Board Director
Rosemary Eshelman, Carlsbad Unified School District
Rachel Crowley, DEA
Carmela Muñoz, VCC/NCPC Prevention Specialist
Kelly McCormick, San Dieguito Alliance
Rosalina Herrera-Small, SDCOE
Miriam Avilez, VCC/Tobacco Control Programs
Haley Guiffrida, VCC Tobacco Control Programs
Lauren Pallasigui, VCC Tobacco Control Programs
Melissa Campbell, VCC/NCPC ATOD Programs
Nancy Rocha, VCC/Tobacco Control Programs
Lori Kurz, SD County North County Public Health
John Byrom, VCC/NCPC

I. Welcome and Introductions: Craig Balben, President.
The meeting was brought to order at 8:10 a.m.

2019 Board Election: Official election deferred to January 10, 2019 GM meeting. There is one open chair (2-year term), and two open alternate positions (1-year terms). If you would be interested in volunteering in this capacity, please contact any NCPC board member before January’s meeting. Thank you.

A big “thank you” to everyone who attended the December meeting and participated in the annual NCPC Holiday Cookie Exchange. Lots of yummy goodies were enjoyed by all.

II. Meeting Minutes Approval: November 8, 2018.
Meeting minutes were accepted into the record as presented.

III. Treasurer’s Report: Aaron Byzak, Treasurer.
- General Account: $6076.38 (Aaron noted that this amount includes $5K sponsorship from TCMC)
- Youth Coalition: $184.87
- GoFundMe Acct. #1: $313.58 (Youth Coalition Activities)
- 420 REMIX Carryover: $166.28
- Eastside Neighborhood Assoc: $1642.40

IV. Presentation: Aaron Byzak, Tri City Medical Center.
Aaron shared the following points regarding the TCMC Behavioral Health Unit:
- TCMC decisions must meet TCMC mission, vision and values
- TCMC cannot employ physicians due to state law - only partners and contracts with other agencies for physicians
- Tri-city regional population is over 400,000 and TCMC has been serving the region since 1961
- Campus redevelopment is essential to meet 2030 seismic compliance; parking structure is part of the development along with new patient bed tower
- HUD program can provide funding for development of medical facilities; TCMC has received one round of funding and is preparing for a second
- Behavioral Health Unit was suspended as of October 3, 2018, for three reasons: federal regulatory changes related to the environment of care, significant losses due to poor reimbursement for services, and a national shortage of psychiatrists impacting staffing
Aaron also presented on Tri-City Medical Center’s extensive outreach since the decision and provided an overview of dozens of policy and practice reform recommendations related to behavioral health.

V. Program Updates: NCPC Program Staff.

Thanksgiving Sticker Shock Campaign was held Nov. 19; high school and college students (members of NCPC’s youth coalition clubs and the STOP Act Grant sub-committee) visited 20 alcohol retailers in Vista and Oceanside to place over 1000 stickers on beer cartons in an effort to increase public awareness and remind buyers/party hosts that it is illegal to provide alcohol to minors. Students participating in this event from Be the Resistance Youth Coalition club were interviewed by KUSI.

Healthy Holiday Hike is planned for Saturday, Dec. 15th at Buena Vista Park in Vista, 9am-noon. High school and college students will participate to encourage healthy choices during the holiday season.

Holiday Celebration for NCPYC club members is being planned for Friday, Dec. 21st at a local ice skating rink or trampoline venue; 20-25 youth are expected to participate.

420 Remix is tentatively being planned for April 18th at Boomers in Vista. NCPC board members have been discussing possibly “rebranding” the event and is open to any recommendations or suggestions from NCPC members. An ad-hoc committee is being considered to take the lead on event planning. If you are interested in being a part of the planning team, please email Craig Balben.

VI. Announcements:
Kelly McCormick, San Dieguito Alliance: Reminder - Hispanic Networking Breakfast, January 11, 7:30 a.m.
Rachel Crowley, DEA – looking to reach out to schools to distribute new curriculum: Operation Prevention San Diego.

VII. Adjourn: The meeting was adjourned at 9:00 a.m.

PLEASE NOTE NEW MEETING LOCATION FOR JANUARY:

Next scheduled general membership meeting is Thursday, January 10, 2019, 8-10 a.m., Tri City Medical Center, 4002 Vista Way, Lower Level Assembly Room #2. Please contact Debbie if you have any questions.

Respectfully submitted by Debbie Obregon on behalf of Nannette Stamm, Secretary