

The mission of the North Coastal Prevention Coalition is to reduce the harm of alcohol, tobacco, marijuana and other drugs in the cities of Carlsbad, Oceanside and Vista through community **action, education, support and collaboration.**



10 Year Anniversary (2003): Paul O'Neal, OPD Chief Poehlman, Dannah Hosford, Aaron Byzak, Carlsbad Councilman Matt Hall



Thank You to Nick Macchione
for Service to North County (2008)



**Proclamation for 420 Remix –
A Celebration of Sober and Drug Free Life Choices (2008)**



15 Year Anniversary (2008) ONDCP Director Scott Burns with Aaron Byzak and John Byrom

Coalition honors locals for drug prevention efforts

By Jason Land

OCEANSIDE — It was still early enough in the morning that few golfers were out on the links at the El Camiso Country Club on Oct. 9. Yet in the main reception hall, there was no talk of game as dozens gathered to discuss drug prevention.

More specifically, the group gathered as the North Coastal Prevention Coalition, or NCPC. This nonprofit group incorporates volunteers, parents and students from the cities of Carlsbad, Oceanside and Vista to spread the message of drug prevention and treatment to the youth of their areas. In honor of the group's 15-year anniversary, it held a breakfast and awards ceremony featuring Scott Burns, deputy director of the White House Office of National Drug Control Policy.

One telling sign of the local drug use was a table covered in paraphernalia recovered from one teen's room. Cigarettes, mint tins with substances inside, lighters, various pipes and a large bong were all part of the collection. "This is what a mom found in his



TAKING A STAND From left, North Coastal Prevention Coalition President Aaron Byzak, Deputy Director of the White House Office of National Drug Control Policy Scott Burns, and Community Collaboration Specialist John Byron stand together after the awards were given out during the North Coastal Prevention Coalition's 15th anniversary celebration and awards ceremony. Photo by Jason Land

room," John Byron, the community collaboration specialist with NCPC, said. "She thought, 'My kid's fine,' and that he was OK. 'He doesn't use drugs, he

doesn't drink,' but she went into his room and found all of this. It's pretty alarming. This was a 14-year-old kid."

Though the group dis-

played those findings as well as T-shirts marketed toward children with pro-drug use slogans on them, the rest of the event centered on awards and commendations.

Several were given to those who stood out in terms of organization and visibility. Some members who helped run the 420 Remix event were also congratulated.

The event stood out as a way to "reclaim" the day of April 20, which has become a marijuana smoker's unofficial holiday, and provide an alternative space and activities for those who wished to remain drug-free.

The most impressive recognition of strength of will was 16-year-old Michael Caraglio, a Carlsbad High School student who helped pass the smoking ban for Carlsbad beaches.

Michael picked up the reins from his sister after she graduated high school and modeled the initiative after the Solana Beach smoking ban. He was given an award alongside other prominent figures in the NCPC.

Aaron Byzak and U.S. Attorney Laura Duffy at 20 Year Anniversary (2013)



Senate Hearing on Synthetic Drugs April 2011: Erica Leary and Senator Diane Feinstein



Social Host Billboard Press Conference, OPD Lt. Leonard Mata Speaking (October 2008)



Report: Social host laws used more

Group strives to educate public about laws to curb teenage drinking

By **EDWARD SIFUENTES**
esifuentes@nctimes.com

In an effort to curb teen drinking, police are increasingly using "social host" laws to punish adults who provide alcohol to minors in their homes, according to a new report released by a local drug and alcohol abuse prevention group.

Oceanside and Vista law enforcement agencies have given out 47 tickets since July 2007 for violations of the cities' social host laws, according to the report released last week by the Vista-based North Coastal Prevention Coalition.

The report was released as part of a teen drinking awareness campaign sponsored by



A billboard on display on Highway 78 in Oceanside is part of a teen drinking awareness campaign being sponsored by the Vista-based North Coastal Prevention Coalition. Courtesy photo

the group. The campaign includes a billboard on display on Highway 78 in Oceanside.

Aaron Byzak, the coalition's president, said the campaign is a reminder that teen drinking can have tragic consequences as evidenced by a car crash last week involving a Torrey Pines High School students that left one classmate dead and another one hospitalized.

"Out of every tragedy, some good can come out,"

Byzak said. "And if this calls attention to it, we could save some lives in the future."

In recent years, Oceanside and Vista have each adopted ordinances prohibiting party hosts or homeowners from providing alcohol to anyone under 21 years old. The laws carry fines up to \$1,000 and or up to six months in jail.

There are laws that prohibit shopkeepers from selling

See Laws, Page B4

Got Outcomes! Coalition of the Year CADCA Award in Washington February 2009



Oceanside Acknowledgement of CADCA Award 2008



Aaron Byzak and Marc Bailey on CW6 Morning Show (2012)



National Association of State Alcohol and Drug Abuse Directors
(NASADAD) 2010 *National Exemplary Award for Innovative
Substance Abuse Prevention Programs, Practices and Policies*



Highlighting Youth Leadership in Local Paper (2011)

THE COAST NEWS 3-4-11



TRIP TO D.C. Coral Varona, Damaris Torres, Alexandria Gonzalez and Araceli Reyes, all of Vista, stand outside the White House. Courtesy photo

Local youth take message to U.S. capital

By Promise Yee

VISTA — Four Vista teens traveled to Maryland and Washington, D.C., from Feb. 4 to Feb. 7 with an anti-drug message of "Do not serve alcohol to minors."

The youth presented at the Community Anti-Drug Coalitions of America's 21st annual National Leadership Forum, spoke with Congressional representatives and senators, and met up with other teens who are also taking a stand against alcohol and drugs in their communities.

The four Vista High School seniors are members

of the North Coastal Prevention Coalition. Alexandria Gonzalez, 17; Araceli Reyes, 19; Coral Varona, 17; and Damaris Torres, 17, attended the anti-drug conference with more than 2,800 participants and 300 fellow teens.

"The conference in Maryland is right outside D.C.," Nannette Stamm, North Coastal Prevention Coalition prevention specialist, said. "We took day trips to D.C. to visit representatives and tour national landmarks."

The trip to the nation's capital enabled the girls to

see policy making in action. "They could get a feel of the work that goes on in D.C. in its policy making to prevent underage drinking," Stamm said. "It helps them connect the dots from the work they do here to a national level."

"I really enjoyed getting to meet a lot of new people that care about their communities as much as I do," Araceli Reyes said.

"I learned so much," Coral Varona said. "I plan to take all this knowledge back to my community and continue to make a difference."

The girls will follow up with an assessment of how

well local alcohol advertising complies with regulations to limit the alcohol advertising visible to minors.

"The (conference) workshops gave them more ideas on how to do this," Stamm said. "They met other teens doing similar work."

The trip also allowed time for the four teens to sightsee, eat out and collect souvenirs.

"It was really a once in a lifetime opportunity for them," Stamm said. "I think it helped them appreciate it even more. Now they're more committed and motivated to continue their work here."

DIA DEL NINO



WAYNE PALMOUR III / Staff Photographer

Four-year-old Alondra Ocegueda, right, and other children with Ballet Folklórico Tapatio prepare to perform during the fifth annual Día del Niño — or Day of the Child — at Balderrama Park in Oceanside on Saturday.

CELEBRATING CHILDREN

Jumping, face-painting, entertainment for all at local parks

ELENA CRISTIANO

FOR THE NORTH COUNTY TIMES

NORTH COUNTY — Children's laughter could be heard around North County on Saturday as thousands of people gathered to celebrate Día del Niño, the Day of the Child.

Free family-oriented festivals were held at Grape Day Park in Escondido and at Balderrama Park in Oceanside in honor of the holiday, which pays tribute to children and is rooted in Latin cultures.

"I want him to win," shouted 4-year-old Jessie Cruz, as he clung to the rope sides of a wrestling ring and watched the action at Balderrama Park.

He was joined by a large crowd of onlookers, who cheered and jeered as professional grapplers from So Cal Pro Wrestling threw each other around, and sometimes out of, the ring.

Jessie's mother, Yesenia Dominguez of Oceanside, said she was happy to bring her six young children to the event because it was "free and fun."

Dominguez also liked that the event was "safe," thanks to the strong showing of Oceanside police support.

The officers performed a K-9 demonstration and opened the squad cars to children who got to climb inside, turn on the lights and talk over the microphone.

"It's all about relationships," said Meg Munoz, a crime prevention specialist. "We want to make sure people are comfortable with us so they can pull us

► CHILDREN, B-4

Crece **adicción** juvenil

Revela encuesta aplicada a escolares de Vista

Servicios El Latino
editor@elatinonet.net

VISTA. El alcohol fue la droga más abusada por estudiantes adolescentes de Vista, reflejó la encuesta California Healthy Kids, aplicada a los estudiantes de esa comunidad, durante el 2009.

Este dato fue presentado ante cerca de un centenar de padres de familia en un Foro Comunitario realizado en la ciudad de Vista, en el que se les ofrecieron pláticas de orientación acerca de cómo prevenir el consumo del alcohol y otras drogas en los jóvenes.

Expertos en prevención, educación y tratamiento del alcohol y la adicción, alertaron sobre las consecuencias que tiene las drogas como el consumo moderado de alcohol, la marihuana y el empleo de medicamentos controlados.

Especial énfasis se hizo sobre el uso de la nueva droga sintética conocida como "Spice", planteando posibles soluciones y estrategias al uso de estas drogas.

De acuerdo con datos revelados por la encuesta nacional: National Council on Patient Information and Education, después de la marihuana, las drogas ilegales más comunes que abusan los adolescentes

son medicinas recetadas. Cada día, casi 2,500 adolescentes abusan medicinas recetadas por primera vez.

En la misma se revela que el 33 por ciento de los estudiantes del grado escolar 11, y el 15 por ciento del séptimo grado reportaron haber consumido alcohol durante el último mes.

Se precisó que esta encuesta también indica que la mayoría de los jóvenes consumen alcohol por vez primera cuando han cumplido los 13 y 16 años.

Cabe hacer mención que la colaboración de la Iglesia católica St. Francis fue calificada como exitosa, ya que con su intervención, se dijo, podrá ayudar a los padres de habla hispana a prevenir que sus hijos caigan en las garras del alcohol y otras drogas. "Los padres de familia tienen el rol más importante para prevenir el consumo de alcohol y drogas de sus hijos", dijo Lola Enriquez, directora del Ministerio para Adolescentes y Jóvenes de la mencionada organización religiosa.

"Los adolescentes y sus padres deben informarse acerca del riesgo que implicar el consumo de alcohol y drogas para que puedan tomar decisiones

sanas", sostuvo el Capitán Scott Rosali del Departamento del Aguacil del Condado de San Diego.

"Nuestro departamento y la estación en Vista están dedicados a concientizar al público y buscar soluciones para prevenir que sus hijos se involucren", dijo Rosali.

Se advirtió que el abuso de medicamentos está aumentando más que cualquier otra droga, convirtiéndola en la más usada en el país, se dijo.

Sobre este hecho, se dijo que cada día, alrededor de 2,500 adolescentes abusan

por vez primera de medicamentos bajo prescripción o receta médica.

Por último se dio a conocer que para los estudiantes del 11 grado, el abuso de medicamentos aumentó 17 por ciento en el 2007 y 18 por ciento en el 2009; al tiempo que el empleo de marihuana por los mismos escolares subió del 32 al 38 por ciento, en ese período de comparación.

Para más información y fechas de eventos futuros, por favor visite: www.northcoastpreventioncoalition.org



Asistentes al Foro Comunitario.

10 Years of 420 Remix at Boomers (since 2009)

Area event aims to give new meaning to '4/20' celebration



By Promise Yee

VISTA — North Coastal Prevention Coalition held its annual 420 Remix celebration for teens at Boomers entertainment center April 20.

The event is an effort to turn the idea of April 20 being a day to celebrate smoking pot into it being a day to celebrate a drug-free life.

The afternoon of bumper boats, go-karts, miniature golf and information on how to stay drug-free

TUESDAY 4/20 11A B10



GOOD, CLEAN FUN The afternoon of bumper boats and information on how to stay drug-free was aimed at middle school students. Photo by Promise Yee

PEDAL TO THE METAL Vista sheriffs and Oceanside police officers supported the efforts and rode a few laps with the middle school students. Photo by Promise Yee

Annual 420 Remix – A Celebration of Sober and Drug Free Life Choices



420 Remix Law Enforcement Go-Kart Race – April 2017



420 Remix PSA Contest Winner Photos – April 2017



'Safe and Sober Summer' Campaign (2010)



En la campaña participan Departamentos de Policía de Oceanside, Carlsbad y la Oficina del Alguacil de Vista, Funcionarios del Distrito de Transporte y de NCPC

Jóvenes **sobrios**

**Multas y cárcel a adultos que sirvan
alcohol a menores**

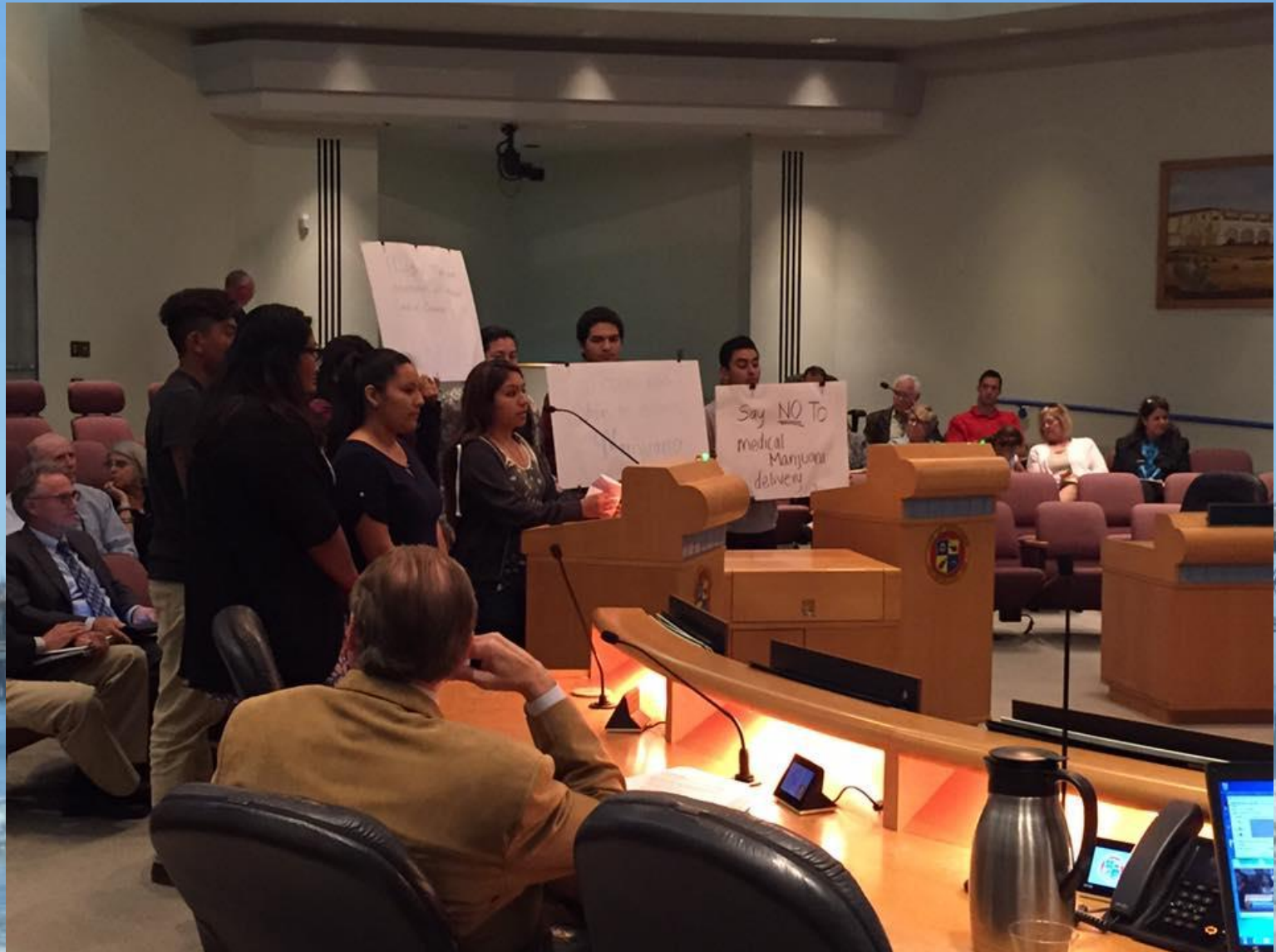
Nicole Pappas Showcases Carlsbad's Prescription Drug Drop Box (2014)



Supporting Enforcement:
Davina's alcohol license
suspension (2014)



Teens Advocate to Prevent Commercialized Marijuana (2014)





Power of Grandparents (2014)



Youth Re-designed Sticker Shock Sticker with help from Kauai (2015)



July 4th Sticker Shock (2017)



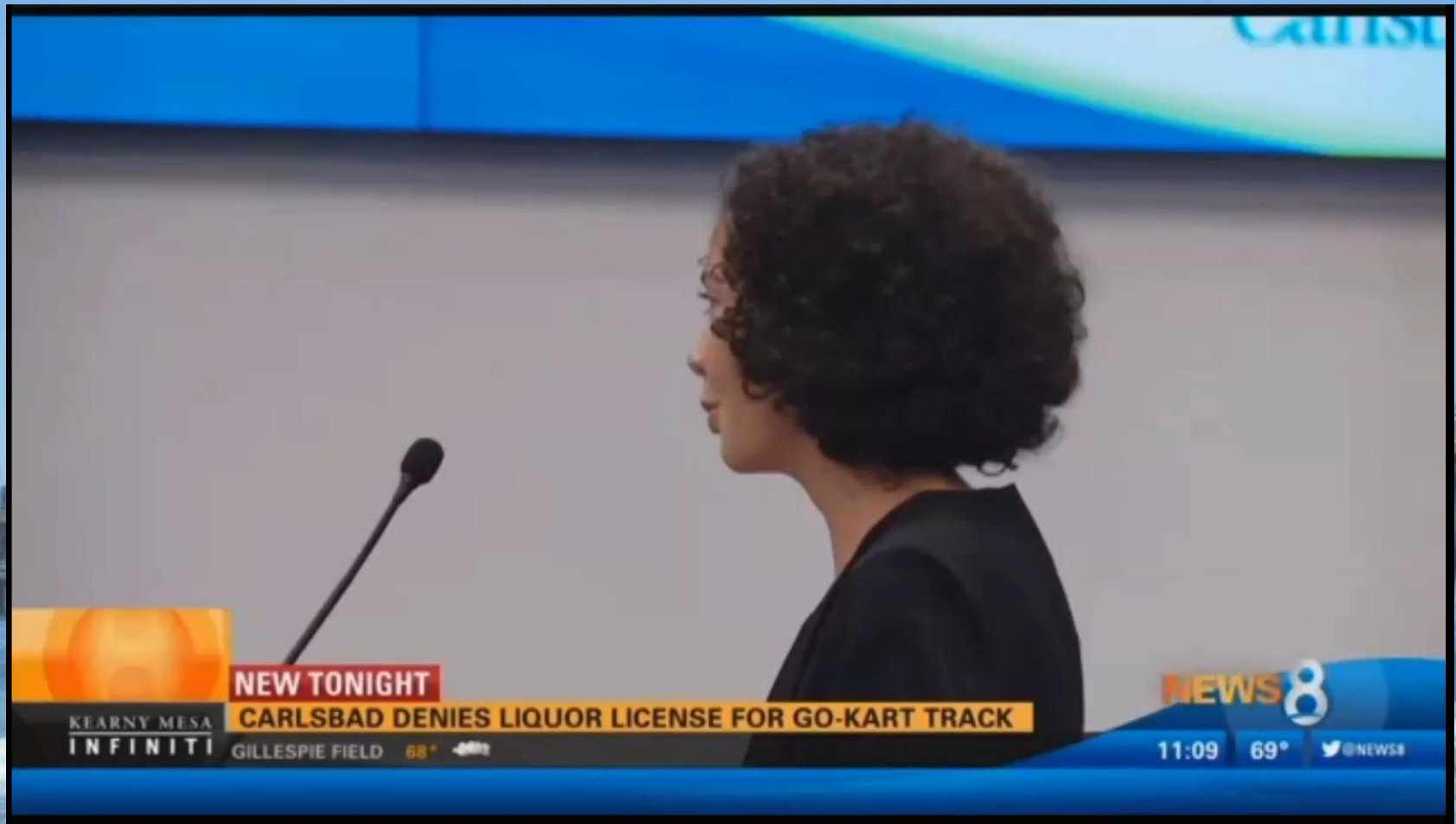
Smoke-free dining adopted in Oceanside (2015)



Participation in National Rx Take Back Day



Keeping K1 Speed Alcohol Free (August 2017)



Red Ribbon Awards to Annie Perrigo, Oceanside Deputy City Attorney and Marie Smith, North San Diego Young Marines (October 2017)



Underage Drinking Forum at Vista's Avo Theater (May 2018)

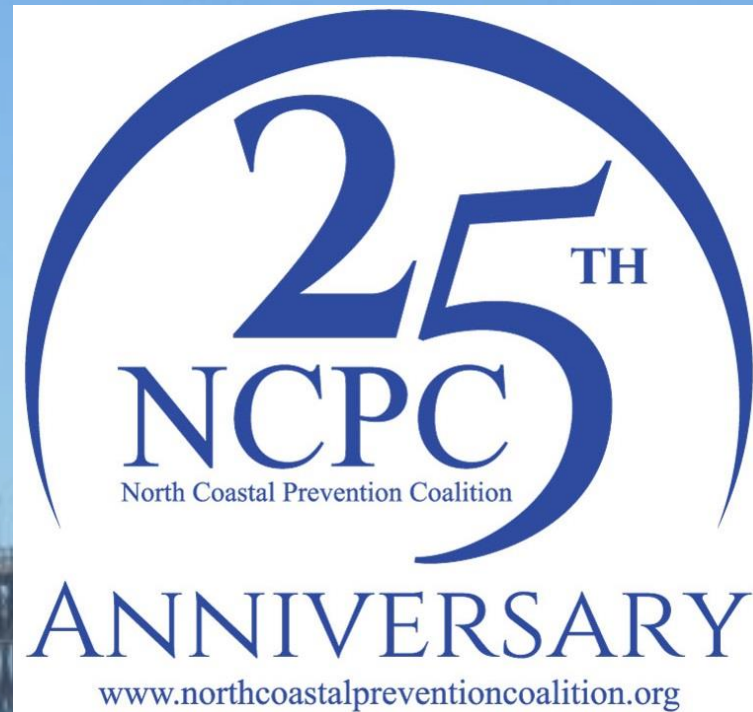


Youth Quest Photos – March 2018 in Sacramento, CA



Cigarette Butt Clean Up October 2015





Vista Community Clinic serves as the fiscal agent for NCPC grants and contracts. Funded in part by the County of San Diego, HHSA, Behavioral Health Services and by SAMHSA's Center for Substance Abuse Prevention through the STOP Act.

NCPC is a 501(c)(3) non-profit ID #33-0574911