

NORTH COASTAL PREVENTION COALITION
Serving the Communities of Carlsbad, Oceanside, and Vista
www.northcoastalpreventioncoalition.org

Minutes of the General Membership

Thursday, July 10, 2014

8:00 a.m.

Community Room
HHSA North Coastal Offices
1701 Mission Ave., Oceanside

Attendance:

Aaron Byzak, UCSD/NCPC Board President
Ray Pearson, Carlsbad Resident/NCPC Board President
Margie O'Hern, Oceanside Resident/NCPC Board Treasurer
Ray Thomson, OHS/NCPC Board Director
Dale Walton, McAlister Institute/NCPC Board Director
Maria Yanez, City of Oceanside/NCPC Board Director
Diane Strader, Eastside Neighborhood Association/NCPC Board Alternate
John Redman, ED., CADFY (Californians for Drug Free Youth)
Aimee Hendle, CADFY
Christy Carvalho, CADFY
Linda Ledesma, Carlsbad Police Department
Melissa Ryan, Alcoholic Beverage Control
Kathy Valdez, City of Vista
Jack Reed, Vista Sheriff's Department
Erica Leary, VCC/NCPC Program Manager
Cynthia Flores, VCC/Tobacco Control Program
Kari Moya, VCC Tobacco Control Programs/NCPC
Carmela Muñoz, VCC/NCPC Prevention Specialist
Julie Eismin, San Diego County
Nancy Logan, San Dieguito Alliance
Joseph Travery, Oceanside Police & Fire Commission
John Kostas, Phoenix House
Charity Brant, YMCA/Youth & Family Services
Leticia Robles, San Marcos Prevention Coalition
Camille Harris, Guest
John Byrom, VCC/NCPC Community Collaborating Specialist
Debbie Obregon, NCPC/VCC Administrative Assistant

I. Welcome and Introductions – Aaron Byzak, NCPC President:

Meeting was brought to order at 8:00a.m. Self-introductions were made, giving names and organizations represented. Aaron reported that this would be his last month facilitating GM meetings as President of NCPC; starting in August, Ray Pearson will be taking over this responsibility.

II. Approval Meeting Minutes – June 12, 2014:

Meeting minutes were approved as presented.

III. Treasurer's Report – Margie O'Hern, Treasurer:

Margie O'Hern presented the following report:

- General account: **\$2464.71**
- 420 Remix Carryover : **\$366.05**
- Youth Coalition: **\$1505.29**
- Eastside Neighborhood Assoc: **\$1695.20**

REMINDER: 2014 Membership dues will be accepted **throughout the calendar year: \$50 per organization, and \$25 per individual.** Please contact Debbie if you require an invoice or click on link below to download a copy. NCPC would like to thank you in advance for your ongoing support. <http://northcoastalpreventioncoalition.org/wp-content/uploads/2009/07/PDF-Invoice-Dues-2014.pdf>

IV. Program Updates:

- Outcome at OSD City Council meeting on June 25 - Aaron reported that the Oceanside City Council unanimously voted to deny a request from a medical marijuana dispensary to change zoning rules to allow pot shops in the city. He thanked everyone (strong show of support) who attended in support of NCPC's opposition to the amendment, and especially thanked the coalition's youth members who stayed for entire meeting until the dispensary item was heard and the vote was taken (past 8:30pm). NCPC sincerely appreciates the extra effort to participate during their summer break.

- **Sticker Shock Campaign:**

Carmela Muñoz reported that eight youth coalition members, in collaboration with MADD, participated on July 1st with the Sticker Shock Campaign. Eight youth visited 12 alcohol retailers in Vista and Oceanside to put stickers on alcohol packages warning customers about buying/providing alcohol to minors. Again, congratulations to the youth for their prevention efforts, and kudos to Carmela Muñoz and Kari Moya for recruiting and coordinating this activity during the youth's summer break.

- **Power of Grandparents Presentation:**

August 14 at the Carlsbad Senior Center - youth members will teach senior citizens about Rx drug abuse/prevention. Carlsbad Councilmember, Lorraine Wood, will be in attendance. Contact John B. for more information.

V. Presentation: Myths and Truths about CBD's (Cannabidiol):

John Redman, Executive Director of Californians for Drug-Free Youth (CADFY), gave a presentation on the "*Myths and Truths*" about CBD's (Cannabidiol). Mr. Redman shared a PowerPoint presentation and explained the difference between the pot shop version of CBD, "Charlotte's Web," and the pharmaceutical version that is being produced by GW Pharmaceuticals (Sativex, Epidiolex). He reported that pot shops cannot achieve a low level dosage of THC in combination with CBD. The best they can accomplish is 20-CBD to 1-THC; in a 400 milligram dose, this would be 20 milligrams of THC. This dosage is equal to two Marinol tablets, which would get an adult very high and could have dire consequences for a child. GW's Cannabis based medication will pass FDA trials sometime in 2015.

VI. Announcements:

John Kostas, Phoenix House: PH will host a "Drug Trends and Warning Signs" Information Night at their Carlsbad Treatment facility on July 22nd from 6 to 8:00 p.m. This free event will allow parents, teachers, and influential community members the opportunity to gain knowledge on recent drug trends and warning signs, tour the facility, and meet staff.

Nancy Logan, SDA: Staff completed tobacco/alcohol assessments at San Diego County Fair; Marijuana dispensaries will be on the November ballot in Encinitas; Early reminder for Red Ribbon Week Luncheon – **October 17!**

John Byrom: NCPC will host training on July 22 to teach youth how to present the Power of Grandparents. The youth will learn how to train grandparents to speak with their grandchildren about Rx drug abuse. Any high school age youth interested in drug prevention is invited to attend. Please contact John for registration information.

Julie Eisman, HHS Rep: County sponsored Grandparents raising Grandchildren event will be held at the San Marcos Senior Center on August 23 at 9 a.m. There will be an Rx Drop Box for disposal of unused or expired medications. Flyer was available or click on link for event details/registration: <http://www.211sandiego.org/GRG-RegistrationNC2014>

Erica Leary, NCPC Program Manager: Shared UT editorial on Prop 47. This initiative (on the California ballot in November) would reduce the penalty for simple possession of small amounts of any drug, including heroin, cocaine, or meth, from a felony to a misdemeanor. The UT Editorial Board described the initiative as a "well-intentioned, misguided, poorly funded, feel-good initiative."

Diane Strader, Eastside Neighborhood Association: ENA will host National Night Out on August 5. Flyer is posted on NCPC website.

VII. Adjourn:

Meeting was adjourned at 9:10 a.m.

 **PLEASE NOTE MEETING LOCATION CHANGE FOR AUGUST ONLY:**

The next scheduled General Membership meeting will be held Thursday, August 14, 2014 at 8 a.m. in the Community Room, Carlsbad Safety Center, 2560 Orion Way, Carlsbad, 92010. Please feel free to spread the word regarding location change for August when you're out and about. Thank you!

Respectfully submitted by Debbie Obregon on behalf of Nannette Stamm, Secretary