

NORTH COASTAL PREVENTION COALITION
Serving the Communities of Carlsbad, Oceanside, and Vista
www.northcoastalpreventioncoalition.org

8:00 a.m.

Minutes of the General Membership
Thursday, June 8, 2017

Oceanside Senior Center

Community Room
455 Country Club Lane
Oceanside, CA 92054

Attendance

Ray Thomson, OHS/NCPC Vice President
Aaron Byzak, Galvanized Strategies/NCPC Board Treasurer
Nannette Stamm, VCC/NCPC Board Secretary
Cheryl Mast, City of Vista/NCPC Board Director
Maria Yanez, City of Oceanside/NCPC Board Director
Dr. Loretta Stenzel, Vista Community Clinic
Erica Leary, NCPC Program Manager/VCC
John Baptiste, CSACC/MCCS & Family Services Camp Pendleton
Debal Acquaro, SD County HHSA North Coastal
Frank Stalzer, Vista Sheriff's Department
Fatima Ashaq, VCC/NCPC
Nancy Logan, San Dieguito Alliance
Nancy Rocha, VCC/Tobacco Control Programs
Lauren Pallasigui, VCC/NCPC
Carmela Muñoz, VCC/NCPC Prevention Specialist
Loretta Adame, SD County Probation
Tim Pierce, Grace Church
Sean Flanagan, Oceanside Resident
Jasmin Leon, VCC/Tobacco Control Programs
Karina Barajas, Mira Costa College
John Byrom, VCC/NCPC Collaboration Specialist
Debbie Obregon, VCC/NCPC Administrative Assistant

Rancho Santa Fe High School Public Policy Club/Youth Coalition Members:

Hanna Lykens
Ian Leary
Conner Flanagan
Dominic Dublin

I. Welcome and Introductions: Ray Thomson, Vice President.

The meeting was brought to order at 8:13 AM.

II. Approval of Meeting Minutes: May 11, 2017:

Meeting minutes were accepted into the record as presented.

III. Treasurer's Report: Aaron Byzak, Treasurer.

- General account: **\$778.79**
- Youth Coalition: **\$338.57**
- GoFundMe #1 Account: **\$400.69 (youth coalition)**
- 420 Remix Carryover: \$1316.21 (Includes GFM #2: \$91.75)
- Eastside Neighborhood Assoc: **\$2750.45**

IV. Presentation: Loretta Stenzel, MD FAAFP, Site Director/Grapevine, Vista Community Clinic.

Dr. Stenzel presented an overview of Vista Community Clinic's new MAT "Medically Assisted Therapy" Program. The program assists in the successful treatment of opioid use disorders and addiction. VCC was awarded a SAMSHA grant in 2016 as part of a nationwide effort to improve access for the use of Buprenorphine/Naloxone (Suboxone) in primary care settings. The grant is intended to increase the number of clinicians who have the waiver to prescribe Buprenorphine as well as including behavioral health in the primary care setting by funding staff training along with the addition of a behavioral health manager, behavioral care coordinator, and addiction counselors.

Dr. Stenzel reported that Buprenorphine/Naloxone has shown to be very effective in treating opioid addiction and decreasing mortality by as much as 50%. In addition, it also improves social functioning by helping patients to maintain stable jobs and relationships.

Patients who participate in MAT have a treatment retention rate of 67% at 1 year, compared with 7-25% for those who engage in medication free abstinence programs. There are also decreased rates of criminal activity, illegal drug use and HIV/hepatitis C infections. MAT can also benefit patients who are not currently on opioids but are having active cravings and are at risk of relapse.

This initial program will be primarily available at VCC's Grapevine site, but is likely to expand to other sites as more clinicians get the waiver to prescribe. If you have any questions or would like more information regarding the MAT program, please contact Dr. Stenzel @ lstenzel@vcc.clinic. To view Dr. Stenzel's PowerPoint presentation, please click here:

http://northcoastalpreventioncoalition.org/wp-content/uploads/minutes-agendas-newsletters/Presentations_2017-06-08.pdf

V. Presentation: Rancho Buena Vista High School Policy Club/Youth Coalition Members:

Youth members shared a PowerPoint presentation with highlights of their prevention efforts and activities. During the past year, members participated with and attended several NCPC prevention efforts and activities including Rx Drug Take Back Day, Sticker Shock Campaign, 420 Remix, Friday Night Live Youth Leadership Camp, community survey collection, attended/spoke at local city council meetings in support of NCPC policy issues, and helped facilitate community forums to educate/inform parents and teens about the dangers and harms of underage drinking. Members also traveled to Sacramento to attend Youth Quest and speak with legislators about their local efforts to reduce youth access to alcohol, tobacco and marijuana.

VI. Marijuana Policy in local Cities – Board update/next steps:

NCPC Board members held a special meeting on May 26 to discuss NCPC's position, priorities and strategies regarding marijuana policy in our local cities and surrounding areas. Meeting outcome: Members discussed local policy and the recent efforts by cities to address regulations for medical MJ dispensaries; agreed to fine tune NCPC's message, and expand/recruit/organize community support. Board members also agreed to continue this discussion and gather additional input from NCPC general members at the July 13 meeting. The July meeting end time will be extended out to 10 AM.

Vista City Council will consider regulations for MJ dispensaries at their meeting on **June 27**; *Oceanside City Council* will host a public hearing on **June 29** to gather additional public input on proposed medical marijuana regulations for their city.

Update - K1 Speed in Carlsbad:

Carlsbad Planning Commission approved alcohol license at May 3 meeting. NCPC, jointly with from SDA, submitted an appeal to the Carlsbad City Council to be discussed at their July 11 meeting at 6 PM. Erica shared a community info flyer being distributed to educate community residents (*Should Alcohol be sold at K1 Speed?*), and noted that a brief community survey is also still being collected. Erica will send an email reminder to GM members for the July council meeting.

Update - Del Mar Fair Board – Goodlife Cannabis Festival:

The 22nd District Agricultural Association Board of Directors cancelled the existing contract at their May 30 meeting permitting the Goodlife Cannabis Festival on Sept. 23; the board will allow organizers to submit a re-application if it does not break any state or federal laws. Next fair board meeting is August 8, 1:30 PM.

VII. Announcements:

Lauren Pallasgui, STOP Grant: Continuing to recruit young adults (ages 18-25) to participate on the STOP grant Underage Drinking Sub Committee. If you know anyone who may be interested in joining this group, please contact Lauren.

Debal Acquaro, SD County HHSA: Annual Grandparents Raising Grandchildren event, August 26, 8:30 AM – 1:30 PM, North Inland Live Well Center in Escondido.

Cheryl Mast, City of Vista: North County Gang Task Force (established by the County Board of Supervisors) will meet in Vista on June 15, 6:30 PM at the Vista Academy of Visual and Performing Arts.

Nancy Logan, SDA: Encinitas City Council is considering policy/regulations regarding marijuana cultivation. All attendees at graduation ceremonies in the San Dieguito school district will receive a safety bulletin/underage drinking information.

Ray Thomson, Occupational Health Services: OHS provides RBSS (Responsible Beverage Service/Sales) Training on the first Friday of each month; class can also be presented at business sites and is available in English and Spanish. Please contact Ray for more info.

VIII. Adjourn:

Meeting adjourned at 9:20 am.

MEETING LOCATION FOR JUNE:

Next scheduled general membership meeting is Thursday, July 13, 2017, 8-9:30 a.m., [Oceanside Senior Center Community Room, 455 Country Club Lane, Oceanside, 92054](#). Contact Debbie if you have any questions.

NCPC General Membership
June 8, 2017

Respectfully submitted by Debbie Obregon on behalf of Nannette Stamm, Secretary