

NORTH COASTAL PREVENTION COALITION
Serving the Communities of Carlsbad, Oceanside, and Vista
www.northcoastalpreventioncoalition.org

8:10 a.m.

Minutes of the General Membership
Thursday, February 8, 2018

Oceanside Senior Center
Community Room
455 Country Club Lane
Oceanside, CA 92054

Attendance

Craig Balben, Oceanside Resident/NCPC President
Ray Thomson, OHS/NCPC Vice President
Dale Walton, McAlister Institute/NCPC Board Director
John Byrom, NCPC Community Collaboration Specialist
Lina Semaan, CVS Pharmacy
Chris Johnson, SACC/MCSS & Family Services MCB Camp Pendleton
Jennifer Martinez-Torres, City of Oceanside/Parks & Rec
Nancy Logan, SDA
Malcolm Warfield, Carlsbad Police Department
Amy Caillouette, Oceanside Boys and Girls Club
Catherine Stepan, Community Volunteer
Carmela Muñoz, VCC/NCPC Prevention Specialist
Jessica Perales, VCC/Tobacco Control Programs
Haley Guiffrida, VCC/Tobacco Control Programs
Debbie Obregon, VCC/NCPC Admin. Asst.

I. Welcome and Introductions: *Craig Balben, President.*

The meeting was brought to order at 8:10 a.m. Craig reported that the board held an “extended” board meeting on January 29 to take more time to discuss priorities for the year along with challenges and opportunities to address local marijuana policies/regulations.

II. Approval of Meeting Minutes: *January 11, 2018:*

Meeting minutes were accepted into the record as presented.

III. Treasurer’s Report: *Aaron Byzak, Treasurer.*

- General account: **\$1096.83**
- Youth Coalition: **\$1138.57**
- GoFundMe #1 Account: **\$313.58 (youth coalition)**
- 420 Remix Carryover: **\$166.28**
- Eastside Neighborhood Assoc: **\$2316.99**

Annual membership dues (collected on a calendar basis) are being accepted for 2018: \$25/individual or \$50/organization. Please complete a new revised *NCPC Membership Application* with your dues and forward to Debbie. Thank you for your support.

IV. Presentation: *Lina Semaan, CVS Health Programs, Field Support Supervisor.*

Ms. Semaan, Field Support Supervisor with CVS Health Programs, presented a PowerPoint overview of the programs and strategies launched by CVS in an effort to reduce opioid misuse and abuse. She discussed how CVS is utilizing the following components to help curb this national health crisis:

- Expanding their safe drug disposal program (all CVS stores will have disposal units by June); this program component also allows police departments to apply for a no-cost drug collection unit to help their communities safely discard unwanted medications.
- A broad counseling program for new opioid prescriptions and enhanced utilization guidelines to ensure that opioids are prescribed and used appropriately; pharmacists will have contact with every patient prescribed opioids.
- A new “Pharmacists Teach” component educating students about the dangers of prescription drug abuse.
- Increased access to naloxone; CVS Health has worked to expand access to naloxone without individual prescriptions in 46 states.

If you would like more information about the CVS Health Programs and/or would like to arrange for a presentation, please contact Ms. Semaan at Lina.Semaan@CVSHealth.com VM @ (401) 665-5997, or visit CVS website link below:

<https://cvshealth.com/thought-leadership/prescription-drug-abuse>

V. Program Updates: NCPC Board/Program Staff.

Marijuana Policy/Local Regulations –

John Byrom reported that the Vista City Council will be discussing options regarding local marijuana policy at their meeting on Tuesday, Feb. 13. Please consider attending the meeting if you have concerns about youth marijuana use.

420 Remix Event at Boomers! 2018 –

Still discussing details with Boomers for the afternoon event on April 20; 420 PSA Arts and Video contest (county-wide for middle and high school students) flyer and instructions have been sent out and posted on the NCPC website (link below for more info); any questions, please contact Fatima at Fatima.ashaq@vcc.clinic.
<http://northcoastalpreventioncoalition.org/get-involved/arts-video-psa-contest-use-your-creativity-to-prevent-youth-marijuana-use/>

NCPC 25 Year Anniversary Celebration 2018 – MARK YOUR CALENDAR!!

The board has agreed to move forward with plans to host an *NCPC 25 Year Anniversary Celebration on May 10* (NCPC regular meeting date) at the El Camino Country Club in Oceanside. An electronic “save the date” flyer with event details will be sent out in the next couple of weeks followed by an official invitation in early April.

VI. Announcements:

Jennifer Martinez-Torres, City of Oceanside Parks & Rec: Community Clean-up at Joe Balderrama Park/Eastside Neighborhood on Saturday, Feb. 24; City is offering FREE tax prep assistance at various locations and hours; 2nd annual Oceanside Police K-9 Trials and Public Safety Fair on March 24 at El Camino High School; join OPD officers for “Coffee with a Cop” on Thursday, Feb. 22, 4-6PM, at Sprouts Farmers Market, 471 College Blvd.; free blood pressure screening, Feb. 14 – “Love Your Heart day” at Chavez Resource Center, 605 San Diego St. Also Valentine’s Week Activities, Feb. 8-14, include free outdoor movie, horse and carriage rides, and a ferris wheel. Link to the city’s website for all the details:
<http://www.ci.oceanside.ca.us/civicax/filebank/blobdload.aspx?BlobID=46551>

Amy Caillouette, Boys & Girls Club of Oceanside: “Cuisine for Kids” fundraising event, Thurs. Mar. 1 and the Oceanside club, 401 Country Club Lane – email HMoss@bgcoceanside.org for more information. “President’s Camp” (full day program) Feb. 20-23, 7AM-6PM for grades kindergarten through high school – contact 760-433-8920 for details.

Nancy Logan, SDA: “Coffee with the Principal” event for parents held at Carmel Valley Middle School to learn about vaping and vaping products. There was a good turnout (about 35 parents), and they were very interested in hearing about “what’s out there.”

Ray Thomson, OHS: Proposing OHS DUI program as an option for judges when sentencing individuals for marijuana violations.

Debbie Obregon, NCPC: City of Vista has adopted a Marine Unit (Helicopter Unit 369), and the Women’s Club of Vista is sponsoring a fundraiser event to support the unit. The event will be held Monday, Feb. 12, at Dream Dinners, two locations with 4 sessions available. Please visit their website for details: www.dreamdinners.com

VII. Adjourn:

Meeting adjourned at 9:15 a.m. Next scheduled general membership meeting is Thursday, March 8, 2018, 8-9 a.m., Oceanside Senior Center Community Room, 455 Country Club Lane, Oceanside, 92054. Contact Debbie if you have any questions.

Respectfully submitted by Debbie Obregon on behalf of Nannette Stamm, Secretary