

Secondhand Smoke what is it?

Secondhand smoke is smoke released by burning cigarettes and the exhaled smoke of smoker.

*The National Cancer Institute

It is classified as a Toxic Air Contaminant that may cause or contribute to **death** or **serious illness**.

*California Air Resources Board

Secondhand smoke can cause **cancer, heart disease, and sudden infant death syndrome**. Chronic illness are aggravated by the smoke.

*California Environmental Protection Agency

About **53,000 people die** annually in the U.S. from diseases caused by secondhand smoke exposure.

*Americans for Nonsmokers Rights

There's **no safe level** of smoke exposure.

*U.S. Surgeon General 2010 Report

Secondhand smoke contains more than **7000** chemicals. Hundreds are toxic and about 70 can cause **cancer**.

*Centers for Disease Control and Prevention

For more information
please contact

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Tobacco Control Program**

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Why Smoke-Free?



**A Guide for Landlords,
Management, and
Property Owners**

Healthy Tenants are Happier Tenants

-Protecting your tenants, especially families with children and elderly residents, from tobacco smoke will improve their health and happiness at your complex.

-89% of Californians don't smoke.

-Many residents have chronic health conditions that are severely irritated by drifting tobacco smoke. It also increases the risk of sudden heart attack for many tenants.

-Cigarette butts hurt your complex's aesthetic beauty and create extra trash. The smoke creates an unpleasant smell.

-As the complex owner, you have the legal ability to designate the common areas or certain units as smoke-free.



5 Financial Benefits of Smoke-Free

1. **A smoked-in unit is more expensive to prepare for the next tenant.**
2. **Insurance discounts are often available for non-smoking buildings.**
3. **Decreased fire danger.**
4. **"Non-Smoking" complexes are high in demand because they are an extra amenity.**
5. **Local online registries will advertise your property for free.**

Resident Survey Results:

- **312** residents surveyed in apartment complexes in North San Diego County
- **58%** have been bothered by tobacco smoke coming into their apartment.
- **77%** want their complex to have a no-smoking policy for balconies and patios.
- **79%** want to have a no-smoking policy for inside all apartments.
- **67%** want their complex to be completely non-smoking.



How to Go Smoke-Free

Notify your tenants that as of a certain date, smoking will no longer be permitted in areas you wish to designate as smoke-free, such as on balconies, patios, common areas, or in units. Post signs in the common areas.

Include a section in the "Restrictions" portion of the rental contract, lease, or add a lease addendum to implement the smoke-free policy. This is legally the same as not allowing pets.

**For further assistance or information contact
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