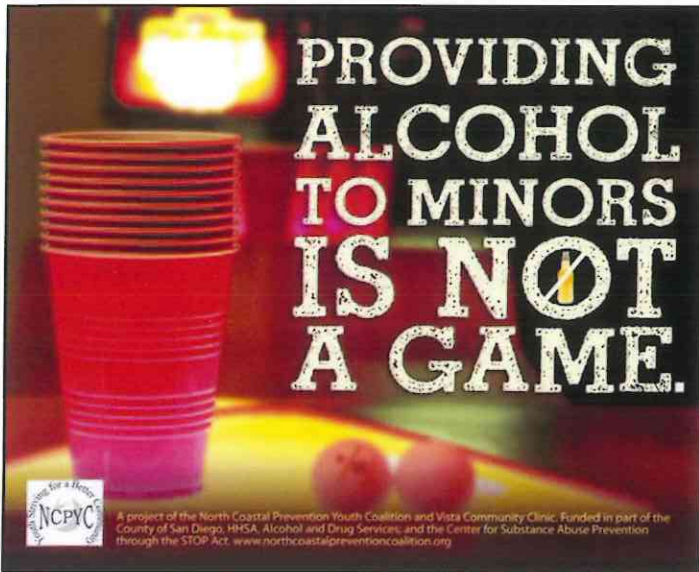


# Preventing Underage Drinking



## What's the Problem?

- Underage drinking is associated with the leading causes of death for teens and young adults, including motor vehicle crashes, unintentional injuries, homicides and suicides.
- Underage drinkers are up to 4 times more likely to develop alcohol dependence than those who wait until the legal drinking age of 21.
- Alcohol is the most abused drug by teens, with over 20% of 11th graders reporting drinking in the past month.
- Youth and young adults under 21 who drink report getting alcohol at house parties and from family and friends as the most common way they get alcohol.

## Social Host Ordinances help reduce youth access to alcohol:

Since 2010, all cities in San Diego County have enacted Social Host Ordinances which hold party hosts accountable if they allow underage drinking at their party, gathering or event.

### YOU can be part of the solution! At your parties or events:

- ✓ Control quantity and access to alcohol at your party.
- ✓ Verify the age of persons attending the party by checking ID.
- ✓ Supervise the activities of persons under 21 years of age.

### In your neighborhood:

- ✓ Contact your local law enforcement agency to report parties or gatherings where minors have access to alcohol.

**Carlsbad Police Dept: 760-931-2197**

**Oceanside Police Dept: 760-435-4900**

**Vista Sheriff's Non-emergency: 760-940-4300**



## More information and resources:

San Diego County Alcohol Policy Panel

[www.alcoholpolicypanel.org](http://www.alcoholpolicypanel.org)

San Diego County Access & Crisis Line

888-724-7240

San Diego County Social Services Referral:

2-1-1

[www.211sandiego.org](http://www.211sandiego.org)

Interagency Coordinating Committee on the Prevention of Underage Drinking (ICCPUD)

[www.stopalcoholabuse.gov](http://www.stopalcoholabuse.gov)

Community Anti-Drug Coalitions of America

[www.cadca.org/drugs/underage-drinking](http://www.cadca.org/drugs/underage-drinking)

Mothers Against Drunk Driving

[www.madd.org](http://www.madd.org)

The mission of the North Coastal Prevention Coalition is to reduce the harm of alcohol, tobacco, marijuana and other drugs in the cities of Carlsbad, Oceanside and Vista through community action, education, support and collaboration.

Vista Community Clinic serves as the fiscal agent for NCPYC grants and contracts.  
Funded in part by the County of San Diego, HHSA, Behavioral Health Services.

For more information, call **760-631-5000 x7174** or visit  
[www.northcoastalpreventioncoalition.org](http://www.northcoastalpreventioncoalition.org)

or  
[www.vcc.clinic](http://www.vcc.clinic)

